



Abdul's[®]

Authentic Indian Cuisine

All major credit cards accepted.

Abdul's and the Abdul's logo are registered trademarks. The design of this menu is protected by UK law.

www.abduls.com

Abdul's



Welcome
To Abdul's
– Authentic Indian Cuisine

“

My passion is cooking great Asian food and this is reflected in the dishes I have created for you. Behind our success is our commitment to you - we never compromise on quality and we only use the finest ingredients to create great food using our own unique recipes. I hope you enjoy the Abdul's experience and thank you for choosing us.

”

A handwritten signature in black ink, appearing to read 'Abdul Ghafoor'.

... Abdul Ghafoor

Starters Light & Mild Dishes – Authentic & Unique

Abdul Recommends
Spring Lamb Chops
– Fresh chops, marinated in spices
Spring lamb chops marinated in spices and
cooked in a clay oven.

... Abdul Ghafoor



Starters & Light Dishes

Mix Kebab Special... £3.95
Two onion bhajis, one samosa, one shami
and one seek kebab.

Spicy Chicken Wings (3)... £2.55
Chicken marinated in a spicy sauce and
cooked in a clay oven.

Botie Kebabs * £2.85
Succulent pieces of chicken breast coated
with a combination of light spices and cooked
in a charcoal oven.

Masala Machi (Fish) * £3.40
Fish marinated in lemon juice and spices
which gives the fish a velvety texture.

Seek Kebabs (2)... £2.10
Minced lamb blended with spices and herbs
and cooked in a charcoal oven.

Punjabi Paratha * £3.55
Shallow fried bread filled with chicken and
mushrooms in a lightly spiced cream sauce.

Shami Kebabs (2)... £2.05
Minced lamb mixed with onions, herbs and
spices, medium hot, deep fried.

Chicken Spring Rolls... £2.05
Thin and crispy pastry filled with an
authentic chicken filling.

Mix Grill... £5.95
A unique combination of starters including
masala fish, chicken tikka, lamb chops,
and a chicken roll served with green salad.

Onion Bhajis (3) v ... £1.95
Sliced onion blended with spices & deep fried.

Samosas (2) v ... £1.95
Spiced mince lamb in pastry, deep fried.
Available in meat or vegetables.

Creamed Masala Mushrooms v * £2.95
Mushrooms in a creamy garlic sauce.

Chicken Pakora... £2.95
Chicken in spicy batter.

Vegetable Pakora v ... £1.80
Vegetables in spicy batter.

Spicy Lamb Chops... £3.45
Spring lamb chops marinated in spices and
cooked in a clay oven.

Mild Dishes

Makni * £6.20
Chicken or lamb in a rich butter sauce,
delicious and irresistible.

Shahi Korma * £6.20
Mild blend of spices with pistachio & cashew
nuts in a delicious cream sauce, one of the
true favourites.

Hydrabadi Korma * £6.20
Chicken or lamb with fresh natural yoghurt,
almonds & pistachio nuts creamed to perfection.

The Shalimar * £6.20
A korma type dish, mild, sweet and sour,
an excellent choice for the beginner.

Dopiaza... £5.90
Chicken or lamb cooked with fresh onions
in a medium sauce.

Psanda... £5.95
Chicken or Lamb stir fried with peppers & onions
& simmered in a creamy aromatic sauce.

Dhansak... £5.95
Chicken or lamb cooked with pineapple and
lentils in a tomato sauce.

Saffron Chicken... £6.20
Chicken breast cooked in saffron and cream
sauce with sultanas.

Plain Rice, Chips or Naan are included
with some of the meals. Please ask.

Please note:
Some of our dishes may contain
nuts, please ask for advice before
placing your order.

v Vegetarian Dish

* Exclusive Dish

* Recommended by Abdul

Mains

Light & Mild Dishes

– Authentic & Unique

Abdul Recommends

Chicken Biryani

– Chicken or Lamb with vegetables

Chicken or lamb with vegetables cooked with rice, served with a separate sauce.

... Abdul Ghafoor



Light & Mild Dishes

- | | | | |
|--|--------------|--|--------------|
| Achari Masala 🍌 ... | £5.45 | Punjabi Pilau (Lamb) 🍌 ... | £5.70 |
| Spicy chicken or lamb cooked in a creamy fennel sauce. | | Spicy rice cooked with lamb and spring onions served with yogurt. | |
| Mugalai 🍌 ... | £5.65 | Naranjan 🍌 ... | £5.60 |
| One from the kings kitchen, truly a royal dish garnished with fried egg. | | Sweet and sour rice cooked with chicken or lamb served with fresh yogurt riat. | |
| Chicken Zafrani 🍌 🍌 ... | £5.75 | Aloo Ghobi 🍌 ... | £4.95 |
| Peppers, onions and fresh mushrooms in an exotic sauce. | | Potatoes and cauliflower cooked in a medium sauce. | |
| Paneer... | £5.80 | Aloo Chole 🍌 ... | £4.95 |
| Paneer is a traditional home made fresh cheese and is a unique combination when combined with chicken or lamb. | | Chickpeas deliciously cooked with spiced potatoes. | |
| Shah Jahani 🍌 ... | £5.65 | Balti Mushroom Paneer 🍌 🍌 ... | £5.50 |
| Named after the Moghul Emperor Shah Jahan who was noted for his love of rich and creamy dishes. | | Mushrooms with a traditional home made fresh cheese. | |
| Tarka Daal 🍌 ... | £4.95 | Massala... | £5.50 |
| Traditional lentils garnished with onions, fried in garlic butter. | | Chicken or lamb cooked with freshly ground spices, garnished with tomatoes and corriander. | |
| Punjabi Mix 🍌 ... | £5.25 | Biryani... | £5.50 |
| A selection of fresh vegetables cooked in a medium sauce. | | Chicken or lamb with vegetables cooked with rice, served with a separate sauce. | |
| Mustard & Onion Potatoes 🍌 ... | £5.50 | Tandoori Massala... | £5.50 |
| Mustard seeds give these potatoes a nutty taste. | | Charcoal grilled chicken cooked in a yogurt and cream sauce. | |
| Bhindi 🍌 ... | £5.20 | | |
| Okra or lady fingers, a traditional Indian vegetable, you will love this spicy and tangy dish. | | | |
| Tikka Meal... | £5.70 | | |
| Chicken tikka served with rice, curry sauce and a side salad. | | | |
| Masala Machi... | £5.60 | | |
| Fish marinated in lemon juice and spices which gives the fish a velvety texture. | | | |
| Fish Shahjahani ... | £5.60 | | |
| Named after the Moghul Emperor, rich and smooth. | | | |

🍌 Vegetarian Dish
 🍌 Exclusive Dish
 🍌 Recommended by Abdul

Plain Rice, Chips or Naan are included with some of the meals. Please ask.

Mains

Hot & Spicy Dishes

– Authentic & Unique

Abdul Recommends

Lamb Nihari

– A traditional flavour from Punjabi

Spring lamb cooked in a traditional Punjabi sauce - Hot dish.

... Abdul Ghafoor

Lamb Nihari
Only
£5.95



Hot Dishes




Mirich Masala  ... **£6.35**
Chicken or lamb cooked with fresh green chillies which makes this a fiery dish.



Jalfrazi... **£6.35**
This delicious and relatively hot dish with thick spice paste clinging to the pieces of chicken or lamb makes this an irresistible choice.

Khyber   ... **£6.35**
A fairly dry mixture of spices used to produce a thick sauce.

Methi... **£6.35**
Chicken or lamb cooked with fresh thyme leaves. A traditional Punjabi dish.

Bombay Fish Curry  ... **£6.35**
The bare essentials are coconut and dried chillies.

Karri    ... **£6.35**
Available with chicken, lamb or vegetables. A delicate blend of herbs and spices simmered in a yogurt and gram flour sauce.

Nihari   ... **£6.35**
Lamb cooked in a traditional Punjabi sauce, spicy and hot.

Balti Dishes

Balti Chicken... **£6.25**
This dish consists of tomatoes, onions and spices stir fried with succulent pieces of chicken.

Balti Gosht... **£6.65**
Stir fried lamb in an authentic balti sauce.

Mixed Vegetable Balti ... **£5.25**
A combination of mixed vegetables stir fried.

King Prawn Balti... **£8.50**
King prawns stir fried with onions, peppers and tomatoes in a medium curry sauce.

Mixed Seafood Balti... **£8.50**
A selection of fresh seafood available on the day.

Plain Rice, Chips or Naan are included with some of the meals. Please ask.

 Vegetarian Dish

 Exclusion Dish

 Recommended by Abdul



Meal Deal 1
Only
£7.99

Meal Deal 3
Only
£7.99

Meal Deal 2
Only
£7.99

Meal Deals

Deal 1 / Chicken Karri ... £7.99
With 2 Samosas, Naan Bread and Mango Lassi.

Deal 2 / Chicken Tikka Massala ...£7.99
With Onion Bhajis, Naan Bread and Mango Lassi.

Deal 3 / Chicken Methi ... £7.99
With Vegetable Pakora, Pilau Rice and Diet Coke.

Abdul's

Wrap Specials Light & Tasty – Authentic & Unique

Abdul Recommends
Wrap Specials
– Chicken or lamb lightly spiced

... Abdul Ghafoor



Wraps

Chicken Wrap...	£5.99
Lamb Wrap...	£5.99

Both meals come with Fries and
Diet Coke/Mango Lassi.

THE IDEAL SNACK!

Meal Deal
Only
£5.99



Ⓥ Vegetarian Dish
ⓔx Exclusive Dish
★ Recommended by Abdul

Sundries

The Perfect Partners

– Authentic & Unique

Sundries

Tandoori Naan...	£1.20
Tandoori Garlic Naan...	£1.50
Tomato Naan...	£1.50
Cheese & Onion Naan...	£1.95
Pashawari Naan...	£1.95
Chappati...	£0.55
Raita...	£1.00
Popadom...	£0.40
Sweet Rice...	£2.20
Vegetable Rice...	£2.50
Orange Rice...	£2.20
Lemon Rice...	£2.20
Boiled Rice...	£1.20
Pilau Rice...	£1.50
Pickle Tray...	£1.50
Pickles / Mango Chutney...	£1.00

Drinks

Mango Lassi...	£1.20
Banana Lassi...	£1.20
Cold Drinks (Cans)...	£0.95

Food On The Go

Chicken Burger...	£2.50
Chips...	£1.50
Side Salad...	£1.00
Tray of Kebab Meat...	£2.70
Lamb Kebab (Fresh Naan)...	£4.60
Tender slices of Minced Lamb with exotic spices.	
Lamb Kebab (Pitta)...	£3.80
Chicken Kebab (Fresh Naan)...	£4.60
Chicken Kebab (Pitta)...	£3.80
Tray of Chicken Meat...	£2.90

Desserts

The Perfect Finish

– Authentic & Unique

Desserts

Strawberry Cheesecake Sundae...	£2.50
Strawberry cheesecake mousse, layered with crushed biscuits and strawberry sauce	
Banoffee Cheesecake Sundae...	£2.50
Banana cheesecake mousse, layered with crushed biscuits and toffee sauce	
Chocolate Cheesecake Sundae...	£2.50
Chocolate cheesecake mousse, layered with crushed biscuits and chocolate sauce	
Ice Cream Sundae...	£2.99
Vanilla ice cream rippled with chocolate cream swirls and vanilla topping	
Mango & Passion Fruit Pot...	£2.99
Mango ice cream and raspberry coulis, decorated with passion fruit sauce and dessicated coconut	

