'Vegi	etables	
Aloo Gobi Potatoes and cauliflower cooked in a thick sauce.	(main) €9.00	(side) €6.50
Chana Bhuna Chickpeas cooked with spring onic	(main) €9.00 ons.	(side) €6.50
Dal Tarka Curried lentils.	(main) €9.00	(side) €6.50
Bombay Aloo Potatoes cooked with spring onion and fresh coriander.	(main) €9.00	(side) €6.50
Chana Palak Chick Peas cooked with curried sp	(main) €9.00 binach.	(side) €6.50
Bindi Bhaji Okra sauteed with onions, tomatoe and fresh coriander.	(main) €9.90 es	(side) €6.50
Mixed Vegetable Curry Vegetable cooked in medium curry		(side) €6.50
Sag Aloo Potatoes cooked with chopped spi	(main) €9.20 inach.	(side) €6.50
Mushroom Bhajee Mushrooms sauteed with onions, tomatoes and fresh coriander.	(main) €9.00	(side) €6.50
Vegetable Korma Vegetable cooked with fresh crean and crushed nuts. Contains: Dairy		(side) €6.50
Sag Paneer	(main) €9.50	(side) €6.50

(main) €9.50

Spinach and Indian cottage cheese Contains: Dairy.

(side) €6.50 Malai Kofta (main) €9.50

Vegetables stuffed with home-made cheese, nuts, and cooked with thick fresh sauces. Contains: Dairy and Nuts.

Allergies

Please ask our staff if you have any questions about food allergies.

Taste Strengths:

- veg dish
- medium
- medium to fairly hot
- very hot
- very very hot
- mild

Rice

Pilau Rice	€2.00		
Aromatic rice with Saffron			
Boiled Rice	€1.90		
Plain Basmati Rice			
Egg Fried Rice Basmati Rice cooked with egg	€3.00		
Mushroom Fried Rice	€3.00		
Mushrooms with Aromatic Pilau Rice	CO.00		
Chips	€2.90		
Breads			
All breads contain gluten.			
Naan Bread	€2.00		
Leavened Bread			
Garlic Naan	€3.00		
Leavened bread with Garlic			
Peshwari Naan Stuffed with Almond and Sultanas	€3.00		
Coriander Naan	€3.00		
Keema Naan	€3.00		
Dhaka Puri	€2.90		
Chapati	€2.00		
A wheat flour bread			
Pizza Naan	€3.00		
Afghan bread with onion, pepper, cheese and coriander.	€0.50		
Papadum	€0.50		
Chutneys (2 oz.)			
Mango	€1.00		
Pineapple	€1.00		
Tamarind	€1.00		
Mint Sauce	€0.60		
Onion Salad	€0.50		

- Our lamb, chicken and fish is freshly sourced locally.
- Our spices are freshly dry-roasted, ground and blended daily. These spices are only added to your chosen dish a short time before being served to your table to retain oil and freshness.
- We only use rice that has a low glycaemic index (GI)
- As all of our dishes are prepared freshly to order we ask for your patience at busy times.
- There is no service charge and all gratuities go directly to our

EASTERN TANDOORI



091 - 842 335







TAKEAWAY & DELIVERY MENU











Millenium House, Westbridge, Loughrea, Co. Galway. H62 YD86.



OPENING HOURS

MONDAY - SATURDAY 5.00 PM - 11.00 PM SUNDAY BUFFET LUNCH 1.00 PM - 4.00 PM SUNDAY DINNER 5.00 PM - 10.00 PM

ORDER ONLINE AT: www.easterntandooriloughrea.com







APPETISERS	
Tandoori Chicken	€5.00
Spring chicken with bone marinated with herbs and spices, then grandoori oven. Contains: Mustard.	rilled in
Chicken Tikka Succulent pieces of chicken breast marinated and grilled in tandoo Contains: Mustard.	€5.00 ori oven.
Bara Kebab Barbequed pieces of lamb, which melt in the mouth. The meat is left to marinate in yoghurt, papaya and spices overnight to give the meat its soft texture and, to bring out all the aroma of the added herbs and spices. Contains: Mustard.	€5.20
Shish Kebab Spiced minced lamb and herbs delicately roasted on a skewer.	€5.20
Chicken Shaslik Kebab Diced chicken cooked with tumaric and mustard sauce. Contains: Mustard.	€5.20
Eastern Plater An assortment of tandoori specialities. Chicken tikka, bara kebab, tandoori chicken and shish kebab.	€9.00
Vegetable Somosa Pastry stuffed with vegetables and deep fried. Contains: Gluten.	€4.10
Onion Bhagee Chopped onions and ground lentil mixed with herbs, spices and deep fried.	€4.00
Mixed Vegetable Pakora Finely sliced vegetables deep fried in a mildly spiced Indian batter.	€4.10
Aloo Tikki Pan fried spiced potato and green pea cakes served with tamarind and fresh mint glaze.	€4.10
Delicacy of Bengal An assortment of vegetables specialities.	€8.00
Prawn Puri Prawn topped on fried bread. Contains: Prawn.	€5.50
Jumbo Prawn Butterfly Jumbo prawn marinated and deep fried in special Indian butter. Contains: Prawn.	€5.50
Eastern Fusion	
Skewers Chicken Shashlik Diced chicken cooked with tumaric and mustard sauce. Contains: I	€10.50 <i>Mustard.</i>
	€11.50
Lean leg of lamb slow-cooked on the bone with red chilli, garlic,	€12.50
ginger, coriander seeds, tomatoes and specially blended garam ma (served boneless).	asala
Dum Gosht A classic, slow-cooked yoghurt lamb dish infused with a unique ble aromatic spices, that will gradually reveal its seductive flavours.	€13.50 and of
Green curry chicken with coconut milk, beans, chilli and holi basil.	€11.20
Contains: Coconut milk.	

*/	Eastern Special Curry	€13.50	
	Combination of lamb, chicken and prawn in medium spicy sauce. Contains: Prawns.		
<i></i>	Kori Gassi	€12.50	_
	Chicken in grated coconut, shallots, fennel seeds, turmeric powd fried curry leaves, slow cooked with tomatoes. Contains: Cocon		C L
<i>f</i>	Skewers Jumbo Prawn (dry) 5 spice	€14.00	Ē
	Jumbo prawn, marinated and spiced, cooked over charcoal on sl	kewers.	J
)) Birany Dishes		Ī
	All Birany Dishes are cooked with Saffron Pilau Rice and Spic aromatic fresh herbs and served with vegetable sauce		
	Chicken Birany	€13.00	c
	Lamb Birany	€13.00	Ļ
	Vegetable Birany	€12.50 €13.90	J
	Prawn Birany Eastern Special Birany	€13.90	V
	Bhuna (Medium)		
	A very popular Indian Medium Spicy Dish cooked with spring	onion,	c
	herbs, fresh coriander and tomato. Chicken Bhuna	€10.90	Ľ
	Lamb/Beef Bhuna	€11.00	P
	Prawn Bhuna Jumbo Prawn Bhuna	€13.20 €15.00	V
	Vegetable Bhuna	€9.50	
	Rogan Josh (Medium)		_
	An Excellent Dish cooked with Fresh Herbs, Spices		L
	and Aromatic Rogan Chillies. Chicken Rogan Josh	€10.90	P
	Lamb/Beef Rogan Josh	€11.00	J
	Prawn Rogan Josh Jumbo Prawn Rogan Josh	€13.20 €15.00	·
	Vegetable Rogan Josh	€9.50	* 0
	Piaza (Medium) Contains: nuts.		B
	Cooked with Onions, Cashew Nuts, Herbs and Spices in Thick Chicken Piaza	Sauce. €10.90	- ♣ K
	Lamb or Beef Piaza	€10.90	` N
	Prawn Piaza	€13.20	* C
	Jumbo Prawn Piaza Vegetable Piaza	€15.00 €9.50	` 0
	Balti (Medium Spicy) Contains: almond &		♣ T
	An Authentic Punjabi Dish cooked in Thick Medium Spicy S		` 0
	A recommended dish.	640.00	T
	Chicken Balti Lamb or Beef Balti	€10.90 €11.00	of C
	Prawn Balti	€13.20	A IN
	Jumbo Prawn Balti Vegetable Balti	€15.00 €9.50	S
	Madras (Very Hot)	€9.50	J tr
	This Dish is very popular in South India prepared with Chilli F	Powder	K
	and Fresh Lemon in Spicy Sauce.		♣ P
	Chicken Madras Lamb or Beef Mardras	€10.90 €11.00	C
	Prawn Madras	€13.20	C
	Jumbo Prawn Madras	€15.00 €0.50	C
	Vegetable Madras	€9.50	р

Jalfrezi (Hot)

Cooked with Sliced Onion, Green Peppers, Fresh Coriander in a Thick hot Sour Sauce.

Chicken Jalfrezi	€10.90
Lamb or Beef Jalfrezi	€11.00
Prawn Jalfrezi	€13.20
Jumbo Prawn Jalfrezi	€15.00
Vegetable Jalfrezi	€9.50

Karai (Medium)

Cooked with Indian Herbs, Sliced Onion and Green Pepper, Fresh Ginger, Garlic & Coriander.

Chicken Karai	€10.90
Lamb or Beef Karai	€11.00
Prawn Karai	€13.20
Jumbo Prawn Karai	€15.00
Vegetable Karai	€9.50

Chilli Masala (Hot)

Cooked with Fresh Green Chilli and Coriander in a Thick Sauce.

Chicken Chilli Masala €10.90
Lamb/Beef Chilli Masala €11.00
Prawn Chilli Masala €13.20
Jumbo Prawn Chilli Masla €15.00
Vegetable Masla €9.50

Vindaloo (Very Hot)

€10.90
€11.00
€13.20
€15.00
€9.50

Chef's Recommendation

Chicken Malai	€11.00	
Barbeque chicken pieces in thick creamy sauce.		
Contains: Dainy & Nuts		

€11.00

Korma (Chicken or lamb)
Mildly spicy, cooked with roasted nuts and fresh cream.

Contains: Dairy & Nuts.

Chicken Tikka Massala
Chicken or lamb tikka cooked in creamy sauce with saffron.

€11.00

Contains: Dairy & Nuts. **Tandoori Butter Chicken**Chicken cooked in butter sauce and mildly spiced.

€11.00

Contains: Dairy & Nuts.

Tandoori Chicken Garlic Chilli (HOT)

Tandoori Chicken Garlic Chilli (HOT)

Off the bone Tandoori chicken cooked with green chilli,

garlic sauce, onion, capsicum.

€11.00

► Murgi Massalam

Spring chicken off the bone, with mince lamb, egg, tomato, cooked with

thick creamy sauce, and a touch of red wine. Contains: Dairy & Nuts.

Jumbo Prawn Tandoori Masala

€15.90

King prawn spiced and cooked in clay oven and mild creamy sauce. Contains: Dairy & Nuts.

Pasandra €11.00 Chicken or lamb cooked in a mixed fruit sauce with thick cream,

coconut & almond. Contains: Dairy.

Khazana (Chicken/Lamb) €11.00

Chicken/Lamb tikka with onion, green pepper, almond and coconut powder with a spicy masala sauce. Contains: dairy & almond.