

the loft specialties breakfast served all day



Homestyle Breakfast

HOMESTYLE BREAKFAST 2 eggs - 12¹/₂ 3 eggs - 13¹/₂
eggs, any style, served with toast & hash browns, or
pancakes and your choice of svf breakfast meats

HOMESTYLE TOMATO BREAKFAST 13¹/₂
2 eggs any style with your choice of meat served with
sliced tomato and toast.

SVF BREAKFAST 13
2 eggs, any style, select a meat from the svf breakfast
meats, 2 slices of toast, and fresh fruit

THE LOFT STEAK & EGGS
8 oz. ny steak 22 8 oz. rib eye 22¹/₂
a marinated ny or rib eye steak (hormone-free, aged
min. 21 days), served with 2 eggs any style, toast &
hashbrowns (steaks may be ordered not marinated)

THE LIFESTYLE COMBO 13¹/₂
2 eggs served with cottage cheese, fresh fruit, and
2 slices of toast

BLUEBERRY PEROGIES 13¹/₂
our homemade blueberry perogies, pan-fried in
browned butter served with fresh whipped cream, and
your choice of meat from our svf breakfast meat menu

THE LOFT HUNGRY MAN BREAKFAST 16¹/₂
3 eggs any style, with 2 strips of maple flavoured
bacon, 2 breakfast sausages, 2 pork sausages,
2 slices of old-fashioned ham, hashbrowns and
toast, or pancakes

PEROGIES & EGGS 17¹/₂
4 homemade cheddar perogies, pan-fried and served
with 2 eggs, any style, sauteed onions, diced bacon,
sour cream, and 2 full strips of svf bacon

THE WEE MAN 9¹/₂
1 egg any style, with choice of 2 strips of maple
flavoured bacon, 2 breakfast sausage, or 2 maple pork
breakfast sausage served with toast & hashbrowns, or
pancakes

OLD FASHIONED OATMEAL 6
creamy oatmeal served with cinnamon sugar

upgrade your hash browns...

BREAKFAST POUTINE 4
hash browns topped with
grated cheddar, green
onions, & our homemade
hollandaise sauce



svf breakfast meats

maple flavoured bacon
breakfast sausage
maple pork sausage
maple flavoured turkey bacon
smoked bratwurst
wild garlic-garlic sausage
old fashioned ham
hot italian sausage
back bacon

The Loft Steak & Eggs - Add Breakfast Poutine

THE LOFT BREAKFAST SPECIAL 10¹/₂

no substitutions please
(served Monday - Friday
7:30am - 10:00am excluding holidays)

2 eggs, any style, toast,
hash browns, coffee or
tea and choice of 2 strips
of maple flavoured bacon
or 2 sausages (maple
pork or breakfast)





Are you Kidding
Me Omelette

YOUR BREAKFAST YOUR WAY

omelette's...

served with toast & hash browns, or pancakes

regular (3 eggs) king (5 eggs)

substitute any meal with fresh egg whites **3**

WESTERN reg 14^{1/2} king 16^{1/2}

traditional western styled omelette served with old fashioned ham, onions, red & green bell peppers, grated cheddar cheese, and grilled half tomato

HAM & CHEESE reg 14 king 16

filled with our delicious old fashioned ham and grated cheddar cheese

BROCCOLI AND CHEDDAR reg 14 king 16

simply broccoli and grated cheddar cheese

BENEDICT reg 15^{1/2} king 17^{1/2}

our back bacon with grated cheddar cheese, topped with our special homemade hollandaise sauce

ARE YOU KIDDING ME reg 16^{1/2} king 18^{1/2}

filled with sautéed fresh spinach, onion, red & green bell peppers, mushrooms, maple flavoured bacon, cottage rolled ham, wild garlic-garlic sausage, cheddar cheese, and topped off with our mouth watering roasted red pepper sauce

BACON LOVERS reg 17 king 19

4 strips of diced bacon and cheddar cheese, topped with more cheddar and 2 strips of maple flavoured bacon

MEAT LOVERS reg 17 king 19

fill your belly with a quadruple dose of meat, Sandyview's tasty wild garlic-garlic sausage, bratwurst sausage, maple flavoured bacon, breakfast sausage, cheddar cheese, and topped with our homemade gravy

VEGGIE reg 13 king 15

onions, mushrooms, spinach, red & green bell peppers, tomatoes, and feta cheese

SPINACH AND SWISS CHEESE OMELETTE reg 14^{1/2} king 17^{1/2}

loaded with fresh saute spinach, onions and swiss cheese.

build your own omelette...

served with toast & hash browns

regular (3 eggs) 14^{3/4}

king (5 eggs) 16^{3/4}

fresh egg whites add 3

1 choose your meat (1 only)
add extra meat for 2^{1/2} each

- maple flavoured bacon
- maple flavoured turkey bacon
- wild garlic-garlic sausage
- back bacon
- old fashioned ham
- breakfast sausage
- smoked bratwurst
- maple pork sausage
- hot italian sausage

2 choose your vegetables
(up to 3) *add extra veggies
for 1^{1/2} each*

- onions
- tomatoes
- fresh spinach
- mushrooms
- red & green bell peppers
- broccoli

3 choose your cheese
(1 only)

- swiss
- cheddar
- jalapeno havarti
- feta

frittatas are open faced omelette's that are topped with sour cream, salsa, & guacamole.

served with toast & hash browns

BACON & MUSHROOM 15
sautéed mushrooms, onions, maple flavoured bacon, smothered with grated cheddar cheese

3 CHEESE MUSHROOM 15
sautéed mushrooms, onions, and old-fashioned ham, grated parmesan, cheddar, and Swiss cheese

VEGGIE 15
fresh garden vegetables - spinach, onion, tomatoes, mushrooms, red & green bell peppers, and topped with feta

MEAT LOVERS 17
fill your belly with a quadruple dose of meat! Sandyview's tasty wild garlic-garlic sausage, bratwurst sausage, maple flavoured bacon, breakfast sausage, and cheddar cheese

HAWAIIAN 15
old-fashioned ham, pineapple, mushrooms, onion, and cheddar cheese

poached eggs *served with homemade hash browns*

EGGS BENEDICT 14^{1/2}
two poached eggs with 2 sliced of back bacon, served on an English muffin, topped with our very own hollandaise sauce

THE LOFT BENNY 16
two poached eggs, back bacon, turkey bacon, & maple flavoured bacon, served on an english muffin, topped with homemade hollandaise sauce

VEGGIE BENNY 15
two poached eggs layered with sliced tomatoes, sauteed spinach & onion, grilled and served on an english muffin, topped with our homemade hollandaise sauce



Eggs Benedict

pan scramblers *served with seasoned roasted potatoes & toast*
add a side of homemade hollandaise sauce 1^{1/2}

COUNTRY SCRAMBLER 15
sautéed bacon, onions, red & green bell peppers, scrambled together with eggs, roasted potatoes and cheddar cheese

CANADIAN SCRAMBLER 15
back bacon, mushrooms, & tomatoes, scrambled together with eggs, roasted potatoes, and cheddar cheese

WESTERN SCRAMBLER 15
old fashioned ham, mushrooms, red & green bell peppers, & onions, scrambled together with eggs, roasted potatoes, & cheddar cheese

VEGGIE SCRAMBLER 15
spinach, onion, tomatoes, red & green bell peppers & mushrooms, scrambled together with eggs, roasted potatoes, and feta cheese, topped with our hollandaise sauce

MEAT LOVERS SCRAMBLER 17
fill your belly with a quadruple dose of meat! sandyview's tasty wild garlic-garlic sausage, bratwurst sausage, maple flavoured bacon, breakfast sausage, scrambled together with eggs & roasted potatoes, topped with cheddar cheese and gravy

MEXICAN SCRAMBLER 15^{1/2}
onions, red & green bell peppers, hot italian sausage, roasted potatoes, eggs, and cheddar cheese scrambled together, then topped with salsa





French Toast

DID SOMEONE SAY PANCAKES

pancakes

served with warm syrup on the side

HOMEMADE BUTTERMILK PANCAKES

- 2 pancakes 7¹/₂
- 3 pancakes 9¹/₂

PANCAKES & BERRIES 14

two stacked buttermilk pancakes topped with whipped cream, and triple berry compote

CHOCOLATE CHIP 13

2 of our homemade chocolate chip pancakes served with fresh whipped cream and drizzled with chocolate sauce

POTATO CAKE & EGGS 15

3 homemade golden brown potato pancakes, 2 eggs any style with choice of meat and toast

homemade waffles

served with warm syrup on the side

HOMEMADE WAFFLES 10

a crispy golden brown belgian waffle sprinkled with icing sugar

WAFFLES & BERRIES 15

triple berry compote & whipped cream smothering a crispy belgian waffle

CHOCOLATE 15

callebaut chocolate melted on a crispy belgian waffle, topped with whipped cream & fresh strawberries

BANANA SPLIT 17³/₄

a crispy belgian waffle topped with whipped cream, bananas, strawberries, pineapple, chocolate sauce and, of course, vanilla ice cream

WAFFLE & EGG 14¹/₂

crispy belgian waffle topped with 2 slices of bacon and 2 eggs

french toast

served with warm syrup on the side

FRENCH TOAST 12

3 slices of golden brown french toast sprinkled with icing sugar

CREAM CHEESE EXPLOSION 14

2 slices of golden brown french toast stuffed with cream cheese filling, topped with fresh strawberries. served with your choice of svf breakfast meat

CINNAMON BUN FRENCH TOAST 15¹/₂

our homemade cinnamon bun, sliced in half, dipped in our french toast batter, grilled until golden brown, covered with cream cheese, fresh strawberries, and served with 2 strips of maple flavoured bacon

breakfast sandwiches

comes with a side of hashbrowns after 11:00am, fries may be substituted

BLT SANDWICH 13

4 strips of maple flavoured bacon with lettuce, tomato, & mayo, served on brown toast

THE LOFT SANDWICH 13

2 fried eggs topped with cheddar cheese and two slices of bacon, lettuce, tomato sandwich on brown toast

DENVER SANDWICH 13¹/₂

eggs scrambled together with red & green bell peppers, green onions, diced old fashioned ham, cheddar cheese and mayo served on brown toast

BREAKFAST QUESADILLA 12

onion and peppers julienne scrambled together with 3 eggs folded in a tortilla with cheddar cheese, served with salsa sour cream

add guacamole 1¹/₂

MEXICAN BREAKFAST BURRITO 14

hot italian sausage sauteed with onion, peppers, scrambled with 3 eggs and cheddar served with salsa and sour cream

the loft lunch menu

available at 11:00am

soups & salads

HOMEMADE SOUPS sm 5½ lg 8½
please ask your server

GARDEN SALAD half 6 full 9½
mixed green fresh veggies

CLASSIC CAESAR SALAD half 7 full 10
crisp romaine lettuce tossed with shredded parmesan & creamy garlic caesar dressing, topped with crispy bacon, served with garlic bread

LOFT CHICKEN CAESAR SALAD half 10½ full 14
marinated chicken breast with sautéed onions, red & green bell peppers on a bed of romaine lettuce, bacon, croutons and parmesan cheese - served with garlic toast



Loft Chicken Caesar Salad

burgers

served with tossed salad, french fries, or onion rings
substitute for sweet potato fries or caesar salad 2

BACON CHEESE BURGER 15½
seasoned 8oz homemade burger served with lettuce, tomato, pickles, sliced onions, mustard, ketchup, mayo, and topped with SandyView bacon. Choice of swiss, cheddar, mozzarella or jalapeno havarti

MUSHROOM SWISS BURGER 15
seasoned 8 oz homemade burger covered with seared mushrooms & onions, topped with swiss cheese, lettuce, tomato, pickles, mustard, ketchup and mayo

THE LOFT MASTER BURGER 15
8 oz patty made with fresh ground beef & hot italian sausage, topped with caramelized onions, swiss cheese and our delicious red pepper sauce. Garnished with lettuce, tomato, pickles

Bacon Cheese
Burger



THE LOFT GIANT STUFFED BURGER 15½
seasoned 8 oz burger stuffed with sautéed bacon, onions, and cheddar cheese. Topped, with more bacon and cheddar cheese, drizzled with our bbq sauce, lettuce, tomato, pickles, mustard, ketchup, and mayo

BISON BURGER 19
8 oz grilled bison patty with caramelized onions, cheddar cheese, lettuce, tomato, pickles mustard, ketchup and mayo

MARINATED CHICKEN BURGER 13½
marinated chicken breast topped with sliced onions, mozzarella cheese, and drizzled with our bbq sauce, lettuce, tomato, pickles & mayo

hot from the kitchen

SANDYVIEW PEROGY MEAL
(6) perogies 12 (8) perogies 14½
add bratwurst 4

homemade cheddar perogies served with sautéed onions, SandyView bacon, and a side of sour cream

A NEW DAILY CREATION
showcasing one of our delicious meats from SandyView!
please ask your server

the loft sandwiches

served with tossed salad, french fries, or onion rings
 substitute for sweet potato fries
 or caesar salad 2



sandwiches & paninis...

THE REUBEN SANDWICH 14
 a stack of our pastrami topped with swiss cheese, sauerkraut, and dijon mustard, inside golden brown rye toast

MONTREAL SMOKED MEAT SANDWICH 14
 a pile of montreal smoked meat topped with swiss cheese & dijon mustard, inside golden brown rye toast

THE LOFT CLUB SANDWICH 15
 roasted turkey, old fashioned ham, & maple flavoured bacon with lettuce, cheddar cheese tomato & mayo, served on a bun

GRILLED ROASTED TURKEY PANINI 15
 free range pulled turkey with homemade stuffing, havarti cheese, red & green bell peppers and cranberry mayo

GRILLED ROAST BEEF PANINI 15
 roast beef, jalpeno havarti cheese, green & red bell peppers, horseradish mayo, onions and our bbq sauce

The Loft Club Sandwich

the loft sides...

- side of meat 4¹/₂
- sour cream 1
- hash browns 4¹/₂
- homemade french fries 4¹/₂
- poutine 7¹/₂
- 1 egg 1³/₄
- toast & jam 3
- guacamole 2¹/₂
- side of gravy 1¹/₂
- salsa 1¹/₂
- onion rings 4³/₄
- sweet potato fries 6
- chipotle mayo 1¹/₂



THE LOFT

beverages

soft drinks (free refills).....	33/4
boylan's pop	4
milk	sm 23/4 lg 33/4
chocolate milk	sm 23/4 lg 33/4
coffee (free refill).....	23/4
tea.....	23/4
hot chocolate	23/4
assorted juices	sm 31/2 lg 41/2
shirley temple	sm 31/2 lg 41/2



licensed

bottled beer	53/4
baileys (1oz)	61/4
bottled caesars	61/4
big rock ciders	51/4
coolers	61/4

