

## ALLERGIES / INTOLERANCES:

Due to the large variety of ingredients used in our kitchen, it is vital you inform us of any food allergy or intolerance before you place your order. **RED** letters in this menu denotes:

**W** -contains **WHEAT**

**CR** -contains **SHRIMP** paste or **PRAWNS**

**N** -contains **NUTS**

**E** -contains **EGG**

**GF** -gluten free

**GFO** -gluten free option

### STARTERS:

|   |       |
|---|-------|
| PRAWN CRACKERS, <b>CR</b>   | £2.25 |
| BANGKOK BANGERS ( <b>W</b> , <b>CR</b> , <b>GF</b> )                          | £6.55 |
| Our famous spicy,herby Northern Thai premium Pork Sausages                    |       |
| POH PIAH BET, <b>W</b>  | £6.55 |
| Freshly made Duck & veg spring rolls with Hoisin sauce                        |       |
| KING PRAWN BLANKETS, <b>W</b> , <b>CR</b>                                     | £6.55 |
| Marinated King Prawns in Filo pastry with Plum sauce                          |       |
| POH PIAH GAI, <b>W</b>  | £5.33 |
| Chicken & Veg Spring Rolls with Plum Sauce                                    |       |
| CHICKEN SATAY ( <b>W</b> , <b>GF</b> , <b>N</b> )                             | £6.55 |
| Grilled marinated Chicken & served with our slightly spicy Peanut Satay sauce |       |

### SOUPS:

|   |       |
|---|-------|
| TOM YUM GAI ( <b>W</b> , <b>CR</b> , <b>GF</b> )  | £4.99 |
| Authentic Hot & Sour Chicken Lemongrass soup with Mushrooms, Galangal, Chilli & Coriander               |       |
| TOM YUM GOONG ( <b>W</b> , <b>CR</b> , <b>GF</b> )  | £6.10 |
| Authentic Hot & Sour Tiger Prawn Lemongrass soup with Mushrooms, Galangal, Chilli & Coriander           |       |
| TOM KHA GAI ( <b>W</b> , <b>GF</b> )  | £5.25 |
| Chicken & Lemongrass soup with Galangal, Mushrooms, Coconut cream, Kaffir Lime leaf, Coriander & Chilli |       |

### THAI SALADS:

|   |        |
|---|--------|
| YUM NEUA ( <b>W</b> , <b>CR</b> , <b>GF</b> )   | £10.20 |
| A spicy hot & sour Thai salad of Beef with Shallots, Coriander, Tomato, Garlic, Cucumber & Chilli |        |
| YUM GAI ( <b>W</b> , <b>CR</b> , <b>GF</b> )  | £9.10  |
| Same as Yum Neua Beef salad but with Chicken instead  |        |
| LAAB ( <b>W</b> , <b>CR</b> )   | £9.10  |
| Traditional Thai herb salad -minced Beef or Chicken with Mint, roasted rice, Lemon Juice & Chilli |        |

### THAI CURRIES:

|  |        |
|--|--------|
| GAENG KHEOW WARN ( <b>W</b> , <b>CR</b> , <b>GF</b> )  | £9.99  |
| Green curry with veg & either Chicken or Beef  |        |
| GAENG KHEOW WARN GOONG ( <b>W</b> , <b>CR</b> , <b>GF</b> )                                  | £11.99 |
| Thai Green curry with veg & Tiger Prawns   |        |
| GAENG PED ( <b>W</b> , <b>CR</b> , <b>GF</b> )   | £9.99  |
| Red curry with veg & either Chicken or Beef  |        |
| GAENG PED GOONG ( <b>W</b> , <b>CR</b> , <b>GF</b> )   | £11.99 |
| Red curry with veg & Tiger Prawns  |        |
| GAENG PED BET YARNG ( <b>W</b> , <b>CR</b> , <b>W</b> )                                      | £11.99 |
| Red curry with Duck, Pineapple, Grapes & tomato  |        |
| GAENG PANANG ( <b>W</b> , <b>CR</b> , <b>GF</b> )  | £10.50 |
| Recommended for the beginner, a smoother curry with Either Chicken or Beef and Coconut cream |        |
| GAENG PANANG GOONG ( <b>W</b> , <b>CR</b> , <b>GF</b> )                                      | £12.20 |
| Our smoother curry with Tiger Prawns & Coconut cream   |        |
| <u>STIR FRY'S:</u>   |        |
| BEEF WITH OYSTER SAUCE, <b>GFO</b>   | £9.20  |
| Stir-fried Beef with Mushrooms, Spring Onion, a little Ginger & Oyster sauce                 |        |
| SWEET & SOUR, <b>GFO</b>   | £9.20  |
| Chicken with Tomato, Cucumber, Onion, Peppers & Pineapple                                    |        |
| SWEET & SOUR TIGER PRAWNS, <b>CR</b> , <b>GFO</b>  | £10.99 |
| Prawns & Tomato, Cucumber, Onion, Peppers & Pineapple  |        |
| GAI HIMMAPARN ( <b>W</b> , <b>N</b> , <b>GFO</b> )   | £9.90  |
| Mildly hot, Chicken with Cashew nuts, Onion, Peppers and Chilli oil                          |        |
| PHAD KRAPOW ( <b>W</b> , <b>GF</b> )   | £8.99  |
| Minced Chicken or Beef with Chilli, Garlic & Basil   |        |
| PHAD KHING ( <b>W</b> , <b>GFO</b> )   | £9.20  |
| Ginger, Spring Onion, Peppers, Chilli & Chicken or Beef                                      |        |
| PHAD KHING GOONG ( <b>W</b> , <b>CR</b> , <b>GFO</b> )                                       | £10.99 |
| Ginger, Spring Onion, Peppers, Chilli & Prawns   |        |
| GAI PAD PONG GAREE ( <b>W</b> , <b>E</b> , <b>GFO</b> )                                      | £9.90  |
| Mild & curry flavoured. Chicken, Onion in a "Creamy" sauce                                   |        |
| GOONG PAD PONG GAREE ( <b>W</b> , <b>CR</b> , <b>E</b> , <b>GFO</b> )                        | £11.99 |
| As above but with Prawns   |        |
| DRUNKEN DUCK ( <b>W</b> )  | £11.99 |
| Nice n Spicy, Duck with Garlic, Chilli, Basil & Fine beans                                   |        |

## 100% VEGETARIAN MENU:

### VEG STARTERS:

|   |       |
|---|-------|
| POH PIAH JAY, <b>W</b>                                    | £5.10 |
| Veg Spring Rolls with Glass noodles. Plum sauce.          |       |
| MONEY BAGS, <b>W</b>                                      | £5.10 |
| Lightly curried veg in wonton pastry parcels. Plum sauce. |       |
| VEG IN BATTER, <b>W</b>                                   | £5.10 |
| Broccoli, Baby Corn etc in a light batter. Plum sauce.    |       |

### VEG SOUPS:

|   |       |
|---|-------|
| TOM YUM HED ( <b>W</b> , <b>CR</b> , <b>GF</b> )                                  | £4.66 |
| Mushroom, Lemongrass, spicy soup with Chilli & Kaffir lime                        |       |
| TOM KHA HED ( <b>W</b> , <b>GF</b> )  | £4.77 |
| Mushroom, Lemongrass, Galangal soup with Chilli, Coconut cream & Kaffir Lime leaf |       |

### VEG STIR FRY'S:

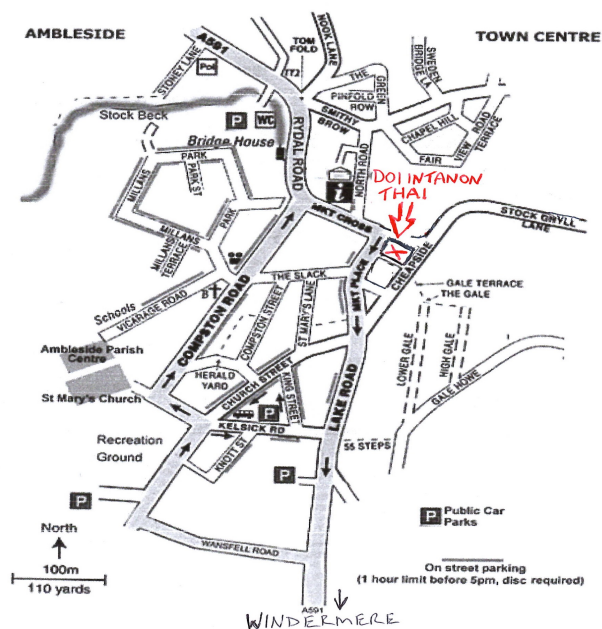
|   |       |
|---|-------|
| PAD MAKEUR ( <b>W</b> , <b>GFO</b> )                      | £8.40 |
| Aubergines, Mushrooms, Yellow Bean paste, Garlic & Chilli |       |
| HED HIMMAPARN ( <b>W</b> , <b>N</b> , <b>GFO</b> )        | £8.40 |
| Mushrooms, Onion, Cashew Nuts and Chilli Paste            |       |
| BRIO WARHN JAY, <b>GFO</b>                                | £8.40 |
| Sweet & Sour Vegetarian stir-fry with Tofu & Onion        |       |
| PAD KHING HED ( <b>W</b> , <b>GFO</b> )                   | £8.40 |
| Mushrooms with Ginger, Onion & Chilli                     |       |

### VEG CURRIES:

|   |       |
|---|-------|
| GAENG KHEOW WARN JAY ( <b>W</b> , <b>CR</b> , <b>GF</b> )                 | £8.40 |
| Green Curry with mixed veg, Mushrooms, Bamboo shoot, Tofu & Basil         |       |
| GAENG PED JAY ( <b>W</b> , <b>GFO</b> )                                   | £8.40 |
| Red Curry with mixed veg, Mushrooms, Bamboo shoot, Tofu & Basil           |       |
| GAENG PANANG JAY ( <b>W</b> , <b>GFO</b> )                                | £8.40 |
| A smoother, milder curry. With mixed veg, Tofu, Mushrooms & Coconut cream |       |

## NOODLES & RICE:

|  |       |
|--|-------|
| PHAD THAI GOONG, <b>N, E, CR, GFO</b>  | £9.99 |
| Stir-fried white noodles with Tiger Prawns, Egg, Spring Onion, Beansprouts, Tofu & ground Peanut |       |
| PHAD THAI GAI, <b>N, E, CR, GFO</b>  | £8.65 |
| Stir-fried white noodles with Chicken, Egg, Spring Onion, Beansprouts, Tofu & ground Peanut      |       |
| PHAD THAI JAY, <b>N, E, GFO</b>  | £8.22 |
| Vegetarian stir-fried white noodles with Egg, Spring Onion, Beansprouts, Tofu & ground Peanut    |       |
| FRIED NOODLES, <b>GFO</b>  | £4.95 |
| Stir-fried fine white noodles with Spring Onion & Beansprouts                                    |       |
| PLAIN NOODLES, <b>GF</b>   | £2.50 |
| Blanched white noodles   |       |
| TIGER PRAWN FRIED RICE, <b>CR, E, GFO</b>  | £9.99 |
| Fried Rice with Tiger Prawns, Egg, Carrot, Onion, Tomato   |       |
| CHICKEN FRIED RICE, <b>E, GFO</b>  | £8.65 |
| Fried Rice with Chicken, Egg, Carrot, Onion, Tomato  |       |
| EGG FRIED RICE, <b>E, GFO</b>  | £3.40 |
| Fried Rice with Egg, Carrot & Spring Onion   |       |
| COCONUT RICE, <b>GF</b>  | £3.40 |
| PLAIN JASMINE RICE, <b>GF</b>  | £2.35 |



Doi Intanon Thai Restaurant  
Est: 2000

Market Place  
Ambleside  
LA22 9BU  
015394-32119

[www.doiintanon.co.uk](http://www.doiintanon.co.uk)

July 2020

## DOI INTANON THAI RESTAURANT

### TAKE-AWAY MENU



015394 – 32119

No MSG is ever used in our cooking,  
- Just great honest food.