



Nutritional Guide 23/4/20

Table with columns: Selected, Hatal, Menu Item, Ingredients, GLUTEN, EGGS, MILK & MILK PRODUCTS, SOY, FISH & CRUSTACEA, PEANUTS, TREE NUTS, LUPINS, SESAME, SULPHITES, Serving Size (g), Energy (kJ), Protein (g), Fat Total (g), Fat Saturated (g), Carbohydrate (g), Sugars (g), Sodium (mg), Serving Size (oz (l)), Energy, Protein, Fat Total, Fat Saturated, Carbohydrate, Sugars, Sodium.

Selected	Halal	Menu Item	Ingredients	GLUTEN	EGGS	MILK & MILK PRODUCTS	SOY	FISH CRUSTACEA	PEANUTS	TREE NUTS	LUPINS	SESAME	SULPHITES	Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbohydrates (g)	Sugars (g)	Sodium (mg)	Serving Size (g) (1)	Energy	Protein	Fat Total	Fat Saturated	Carbohydrates	Sugars	Sodium
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Tex Mex Grilled Chicken	Grilled Chicken (Chicken (84%), Salt, Thickeners (1442, 407), Mineral Salt (451, 450), Flavours, Water), Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Indesol Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 4726), Preservative (282), Vitamins (Thiamin, Folate), Antioxidant (100)), Hass Avocado, Lettuce, Tomato, ...	Y			Y	N	N	N	N	Y	N	286	2510	27.7	32.6	6.0	51.6	12.3	1530	286	29	55	47	25	17	14	67
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Tex Mex Deluxe	Beef Patty, Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Indesol Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 4726), Preservative (282), Vitamins (Thiamin, Folate)), Lettuce, Tomato, Avocado (100% Hass Avocado), ...	Y	Y	Y	Y	N	N	N	N	N	N	293	3090	29.9	47.2	15.5	51.6	12.5	1340	293	36	60	67	65	17	14	58
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Connoisseur Cooldee & Cream Icecream	Cream (28%), Skin Milk (Concentrate or Solids), Sugar, Water, Wheat Flour, Glucose Syrup (Wheat, Tapioca (1%)), Electrolyte Monochloride, High Fructose Syrup, Vegetable Glycerol, Emulsifiers (471, 302, 322 (Soy)), Flavours, Mineral Salt (500,503), Salt, Vegetable Gum (410), Corn Starch, Colour (1600), Antioxidant (316)	Y	N	Y	Y							65	734	2.5	9.1	5.8	20.9	13.3	88	88	8	5	13	24	7	15	4
<input type="checkbox"/>	<input type="checkbox"/>	Low Carb Tendercrisp Cheese & Bacon	Tendercrisp (Chicken (55%), Flour (Wheat, Soy), Water, Vegetable Oil, Salt, Vegetable Powder (Garlic, Onion, Thickeners (1422), Mineral Salt (451, 450), Yeast, Vinegar, White, Spice (Pepper), Emulsifiers (481, 471, 4726), Malto-Dextrin), ...	Y	Y	Y	Y	N	N	N	N	N	N	215	2410	26.3	40.0	9.6	26.7	2.9	1580	215	28	53	57	40	9	3	69
<input type="checkbox"/>	<input type="checkbox"/>	Low Carb Grilled Chicken, Cheese & Bacon	Grilled Chicken Whole Muscle (Chicken (84%), Salt, Thickeners (1442, 407), Mineral Salt (451, 450), Flavours, Water), Sandwich Thins (Wheat Flour, Water, Wholemeal Wheat Flour (20%), Baker's Yeast, Vinegar, Canola Oil, ...	Y	Y	Y	Y	N	N	N	N	N	N	167	1280	25.5	14.6	4.6	16.5	2.2	968	167	15	51	21	16	5	2	42
<input type="checkbox"/>	<input type="checkbox"/>	Low Carb Bacon Deluxe	Beef Patty, Sandwich Thins (Wheat Flour, Water, Wholemeal Wheat Flour (20%), Baker's Yeast, Vinegar, Canola Oil, ...	Y	Y	Y	Y	N	N	N	N	N	N	182	2030	27.8	33.7	14.2	16.7	2.2	835	182	23	56	48	59	5	2	36
<input type="checkbox"/>	<input type="checkbox"/>	Low Carb Whopper Junior	Sandwich Thins (Wheat Flour, Water, Wholemeal Wheat Flour (20%), Baker's Yeast, Vinegar, Canola Oil, ...	Y	Y		Y	N	N	N	N	N	N	126	1240	12.7	17.7	5.0	20.5	3.5	315	126	14	25	25	21	7	4	14
<input type="checkbox"/>	<input type="checkbox"/>	Grill Masters Pulled Beef	Beef, Bun (Wheat Flour Thiamin, Folic Acid), Water, Eggs, Butter, Sugar, Yeast, But Glaze (Wheat Protein, Sugar, Rapeseed Oil, Antifoaming Agents, Canola Oil (C10-18), Hydrogenated Vegetable Oil, Antioxidant (300), ...		N	Y	Y	N	N	N	N	Y	N	299	4230	51.3	68.1	26.0	48.1	11.2	859	299	49	103	97	108	16	12	37
<input type="checkbox"/>	<input type="checkbox"/>	Cheesy Bacon Chip Bully	Coated Fries (Potato (70%), Vegetable Oil (E), Modified Potato Starch (1400, 1414, 1416), Rice Flour, Potato Dextrin, Salt, Acids Regulators (302, 303), Thickeners (410)), Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Indesol Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 4726), Preservative (282), Vitamins (Thiamin, Folate)), ...		N	Y	Y	N	N	N	N	Y	N	168	2000	14.4	19.3	4.2	61.4	2.7	1120	168	23	29	28	18	20	3	49
<input type="checkbox"/>	<input type="checkbox"/>	Kids Salad	Tomato, Lettuce, Bacon Cheese Cheddar Water, Cheese (37%) (Milk, Salt, Starter Culture, Enzyme), Mineral Salt (450, 452, 390, 340, 341), Whey Protein Concentrate, Corn Starch, Thickeners (1442), Buttermilk Powder, Stabiliser (14), Preservative (284, 282), Acids Regulators (300), Colour (1600), Butyric Acid, ...	N	N	Y	N	N	N	N	N	N	N	60	101	1.7	1.5	0.9	0.9	0.7	91	60	1	3	2	4	0	1	4
<input type="checkbox"/>	<input type="checkbox"/>	Kids Meal Hamburgers + Salad + water	Water, Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Indesol Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 4726), Preservative (282), Vitamins (Thiamin, Folate)), Beef Patty, Tomato, Lettuce, ...	Y	Y	Y	Y	N	N	N	N	Y	N	169	1330	16.3	12.8	5.1	336.0	5.2	453	169	15	33	18	21	108	6	20
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Turkish Avocado BLT	Turkish Roll (Wheat Flour (Wheat, Thiamin, Folic Acid), Water, Indesol Salt, Vegetable Oil, Yeast, Instant Vinegar, Sesame Seeds, Nigella Seeds, Soy Flour, Mineral Salt (176), Emulsifier (481), Enzymes, Food Acid (300)), Bacon (Pork (90%)), Water, Salt, Curing Premix (Mineral Salt (451, 450), Sugar, Antioxidant (316)), Preservative (252), Smoked), ...	Y			Y	N	N	N	N	Y	N	197	1900	13.4	28.1	6.1	38.0	4.1	943	197	22	27	40	25	12	5	41
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Turkish Avocado Egg BLT	Turkish Roll (Wheat Flour (Wheat, Thiamin, Folic Acid), Water, Indesol Salt, Vegetable Oil, Yeast, Instant Vinegar, Sesame Seeds, Nigella Seeds, Soy Flour, Mineral Salt (176), Emulsifier (481), Enzymes, Food Acid (300)), Cooked Egg, Bacon (Pork (90%)), Water, Salt, Curing Premix (Mineral Salt (451, 450), Sugar, Antioxidant (316)), Preservative (252), Smoked), ...	Y	Y	Y	Y	N	N	N	N	Y	N	256	2250	20.8	33.9	8.0	38.5	4.6	1030	256	26	42	48	33	12	5	45
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Turkish Bread Egg & Bacon	Turkish Roll (Wheat Flour (Wheat, Thiamin, Folic Acid), Water, Indesol Salt, Vegetable Oil, Yeast, Instant Vinegar, Sesame Seeds, Nigella Seeds, Soy Flour, Mineral Salt (176), Emulsifier (481), Enzymes, Food Acid (300)), Cooked Egg, Bacon (Pork (90%)), Water, Salt, Curing Premix (Mineral Salt (451, 450), Sugar, Antioxidant (316)), Preservative (252), Smoked), ...	Y	Y	Y	Y	N	N	N	N	Y	N	170	1500	19	15.4	5.9	34.3	3.9	809	170	17	38	22	25	11	4	35
<input type="checkbox"/>	<input type="checkbox"/>	Tropical Whopper	Bun P Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Indesol Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 4726), Preservative (282), Vitamins (Thiamin, Folate)), Beef Patty, ...	Y	Y	Y	Y	N	N	N	N	Y	N	350	3440	39.0	49.0	17.1	55.0	14.1	1450	350	40	76	70	71	18	16	63

Selected Slices only	Halal	Menu Item	Ingredients	GLUTEN	EGGS	MILK & MILK PRODUCTS	SOY	FISH CRUSTACEA	PEANUTS	TREE NUTS	LUPINS	SESAME	SULPHITES	Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbohydr ates (g)	Sugars (g)	Sodium (mg)	Serving Size (g) (1)	Energy	Protein	Fat Total	Fat Saturated	Carbohydr ates	Sugars	Sodium
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Whopper Roadhouse	Bun N° Seeded Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodized Salt, Soy Flour, Emulsifiers (471, 481, 472), Preservative (202), Vitamins (Thiamin, Folate), Beef Patty, Special Sauce (Canada Oil, Water, Sugar, Cheddar (Cheddar, Food Acid (200)), Dijon Mustard (Water, Mustard Seeds, Vinegar, Sugar, Food Acid (200)), Cheddar Cheese, Natural Flavour, Neomustard Egg Yolk, Vinegar, Salt, Thickeners (1442, 415), Balsamic Vinegar (Colour (1504)), Onion Puree, Spices, Salt, Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Potassium Sorbate, Natural Flavour), Bacon (Pork (95%)), Water, Salt, Curing Premix (Mineral Salt (451, 450)), Sugar, Antioxidant (316), Preservative (202), Smoke), Tomato, Lettuce, Onion, Cheese (Milk Cream, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (1600), Preservative (200), Spice, Starter Culture), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Potassium Sorbate, Natural Flavour, Polysorbate 80, Tumeric),	Y	Y	Y	Y	N	N	N	N	Y	N	351	3430	39.3	51.3	16.9	50.1	9.5	1830	361	39	79	73	70	16	11	80
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Whopper Roadhouse Double	Bun N° Seeded Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodized Salt, Soy Flour, Emulsifiers (471, 481, 472), Preservative (202), Vitamins (Thiamin, Folate), Beef Patty, Special Sauce (Canada Oil, Water, Sugar, Cheddar (Cheddar, Food Acid (200)), Dijon Mustard (Water, Mustard Seeds, Vinegar, Sugar, Food Acid (200)), Cheddar Cheese, Natural Flavour, Neomustard Egg Yolk, Vinegar, Salt, Thickeners (1442, 415), Balsamic Vinegar (Colour (1504)), Onion Puree, Spices, Salt, Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Potassium Sorbate, Natural Flavour), Bacon (Pork (95%)), Water, Salt, Curing Premix (Mineral Salt (451, 450)), Sugar, Antioxidant (316), Preservative (202), Smoke), Tomato, Lettuce, Onion, Cheese (Milk Cream, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (1600), Preservative (200), Spice, Starter Culture), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Potassium Sorbate, Natural Flavour, Polysorbate 80, Tumeric),	Y	Y	Y	Y	N	N	N	N	Y	N	404	4760	63.0	76.0	30.3	51.4	9.9	2220	464	55	126	109	126	17	11	97
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Whopper Roadhouse Triple	Bun N° Seeded Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodized Salt, Soy Flour, Emulsifiers (471, 481, 472), Preservative (202), Vitamins (Thiamin, Folate), Beef Patty, Special Sauce (Canada Oil, Water, Sugar, Cheddar (Cheddar, Food Acid (200)), Dijon Mustard (Water, Mustard Seeds, Vinegar, Sugar, Food Acid (200)), Cheddar Cheese, Natural Flavour, Neomustard Egg Yolk, Vinegar, Salt, Thickeners (1442, 415), Balsamic Vinegar (Colour (1504)), Onion Puree, Spices, Salt, Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Potassium Sorbate, Natural Flavour), Bacon (Pork (95%)), Water, Salt, Curing Premix (Mineral Salt (451, 450)), Sugar, Antioxidant (316), Preservative (202), Smoke), Tomato, Lettuce, Onion, Cheese (Milk Cream, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (1600), Preservative (200), Spice, Starter Culture), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Potassium Sorbate, Natural Flavour, Polysorbate 80, Tumeric),	Y	Y	Y	Y	N	N	N	N	Y	N	557	6090	86.8	101.0	43.8	52.7	10.4	2610	567	70	174	144	183	17	12	113
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Whopper HomeStyle	Bun N° Seeded Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodized Salt, Soy Flour, Emulsifiers (471, 481, 472), Preservative (202), Vitamins (Thiamin, Folate), Beef Patty, Special Sauce (Canada Oil, Water, Sugar, Cheddar (Cheddar, Food Acid (200)), Dijon Mustard (Water, Mustard Seeds, Vinegar, Sugar, Food Acid (200)), Cheddar Cheese, Natural Flavour, Neomustard Egg Yolk, Vinegar, Salt, Thickeners (1442, 415), Balsamic Vinegar (Colour (1504)), Onion Puree, Spices, Salt, Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Potassium Sorbate, Natural Flavour), Bacon (Pork (95%)), Water, Salt, Curing Premix (Mineral Salt (451, 450)), Sugar, Antioxidant (316), Preservative (202), Smoke), Tomato, Lettuce, Onion, Cheese (Milk Cream, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (1600), Preservative (200), Spice, Starter Culture), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Potassium Sorbate, Natural Flavour, Polysorbate 80, Tumeric),	Y	Y	Y	Y	N	N	N	N	Y	N	360	3570	51.6	48.1	19.6	53.0	12.0	2340	380	41	103	69	82	17	13	102
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Whopper HomeStyle Double	Bun N° Seeded Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodized Salt, Soy Flour, Emulsifiers (471, 481, 472), Preservative (202), Vitamins (Thiamin, Folate), Beef Patty, Special Sauce (Canada Oil, Water, Sugar, Cheddar (Cheddar, Food Acid (200)), Dijon Mustard (Water, Mustard Seeds, Vinegar, Sugar, Food Acid (200)), Cheddar Cheese, Natural Flavour, Neomustard Egg Yolk, Vinegar, Salt, Thickeners (1442, 415), Balsamic Vinegar (Colour (1504)), Onion Puree, Spices, Salt, Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Potassium Sorbate, Natural Flavour), Bacon (Pork (95%)), Water, Salt, Curing Premix (Mineral Salt (451, 450)), Sugar, Antioxidant (316), Preservative (202), Smoke), Tomato, Lettuce, Onion, Cheese (Milk Cream, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (1600), Preservative (200), Spice, Starter Culture), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Potassium Sorbate, Natural Flavour, Polysorbate 80, Tumeric),	Y	Y	Y	Y	N	N	N	N	Y	N	463	4900	75.3	72.8	33.1	54.2	12.5	2730	469	56	161	104	138	17	14	119
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Whopper HomeStyle Triple	Bun N° Seeded Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodized Salt, Soy Flour, Emulsifiers (471, 481, 472), Preservative (202), Vitamins (Thiamin, Folate), Beef Patty, Special Sauce (Canada Oil, Water, Sugar, Cheddar (Cheddar, Food Acid (200)), Dijon Mustard (Water, Mustard Seeds, Vinegar, Sugar, Food Acid (200)), Cheddar Cheese, Natural Flavour, Neomustard Egg Yolk, Vinegar, Salt, Thickeners (1442, 415), Balsamic Vinegar (Colour (1504)), Onion Puree, Spices, Salt, Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Potassium Sorbate, Natural Flavour), Bacon (Pork (95%)), Water, Salt, Curing Premix (Mineral Salt (451, 450)), Sugar, Antioxidant (316), Preservative (202), Smoke), Tomato, Lettuce, Onion, Cheese (Milk Cream, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (1600), Preservative (200), Spice, Starter Culture), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Potassium Sorbate, Natural Flavour, Polysorbate 80, Tumeric),	Y	Y	Y	Y	N	N	N	N	Y	N	566	6230	99.1	97.5	46.5	55.5	13.0	3120	600	72	198	139	194	18	14	136
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Gluten Free Bun	Water, Vegetable Oil, Modified Starch (1442), Maltose Starch, Faba Bean Flour, Rice Flour, Super Yeast, Faba Bean Protein, Rice Bran, Psyllium Husk, Thickeners (464, 415), Iodized Salt, Apple Cider Vinegar, Sesame Seeds, Nigella Seeds,)	N	N	N	N	N	N	N	N	Y	N	90	1120	3.6	12.9	1.2	33.9	5.3	292	90	13	7	18	5	11	6	13
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Gluten Friendly Whopper with Cheese	Bun Gluten Free (Water, Vegetable Oil, Modified Starch (1442), Maltose Starch, Faba Bean Flour, Rice Flour, Super Yeast, Faba Bean Protein, Rice Bran, Psyllium Husk, Thickeners (464, 415), Iodized Salt, Apple Cider Vinegar, Sesame Seeds, Nigella Seeds,)	N	Y	Y	Y	N	N	N	N	Y	N	306	3190	28.4	54.3	16.9	40.9	9.9	1170	306	37	57	78	70	13	11	51
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Gluten Friendly Offred Chicken Cheese & Bacon	Bun Gluten Free (Water, Vegetable Oil, Modified Starch (1442), Maltose Starch, Faba Bean Flour, Rice Flour, Super Yeast, Faba Bean Protein, Rice Bran, Psyllium Husk, Thickeners (464, 415), Iodized Salt, Apple Cider Vinegar, Sesame Seeds, Nigella Seeds,)	N	Y	Y	Y	N	N	N	N	Y	N	231	2200	26.0	30.6	6.3	36.1	6.5	1190	231	25	52	44	26	12	7	52
<input type="checkbox"/>	<input type="checkbox"/>	Whopper Cowboy	Bun N° Seeded Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodized Salt, Soy Flour, Emulsifiers (471, 481, 472), Preservative (202), Vitamins (Thiamin, Folate), Beef Patty, Special Sauce (Canada Oil, Water, Sugar, Cheddar (Cheddar, Food Acid (200)), Dijon Mustard (Water, Mustard Seeds, Vinegar, Sugar, Food Acid (200)), Cheddar Cheese, Natural Flavour, Neomustard Egg Yolk, Vinegar, Salt, Thickeners (1442, 415), Balsamic Vinegar (Colour (1504)), Onion Puree, Spices, Salt, Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Potassium Sorbate, Natural Flavour), Bacon (Pork (95%)), Water, Salt, Curing Premix (Mineral Salt (451, 450)), Sugar, Antioxidant (316), Preservative (202), Smoke), Tomato, Lettuce, Onion, Cheese (Milk Cream, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (1600), Preservative (200), Spice, Starter Culture), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Potassium Sorbate, Natural Flavour, Polysorbate 80, Tumeric),	Y	Y	Y	Y	N	N	N	N	Y	N	330	3250	37.9	47.5	17.1	54.6	11.0	1290	330	37	76	68	71	18	12	56
<input type="checkbox"/>	<input type="checkbox"/>	Whopper Cowboy Double	Bun N° Seeded Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodized Salt, Soy Flour, Emulsifiers (471, 481, 472), Preservative (202), Vitamins (Thiamin, Folate), Beef Patty, Special Sauce (Canada Oil, Water, Sugar, Cheddar (Cheddar, Food Acid (200)), Dijon Mustard (Water, Mustard Seeds, Vinegar, Sugar, Food Acid (200)), Cheddar Cheese, Natural Flavour, Neomustard Egg Yolk, Vinegar, Salt, Thickeners (1442, 415), Balsamic Vinegar (Colour (1504)), Onion Puree, Spices, Salt, Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Potassium Sorbate, Natural Flavour), Bacon (Pork (95%)), Water, Salt, Curing Premix (Mineral Salt (451, 450)), Sugar, Antioxidant (316), Preservative (202), Smoke), Tomato, Lettuce, Onion, Cheese (Milk Cream, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (1600), Preservative (200), Spice, Starter Culture), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Potassium Sorbate, Natural Flavour, Polysorbate 80, Tumeric),	Y	Y	Y	Y	N	N	N	N	Y	N	433	4590	61.6	72.2	30.6	55.9	11.4	1680	433	53	123	103	128	18	13	73
<input type="checkbox"/>	<input type="checkbox"/>	Whopper Cowboy Triple	Bun N° Seeded Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodized Salt, Soy Flour, Emulsifiers (471, 481, 472), Preservative (202), Vitamins (Thiamin, Folate), Beef Patty, Special Sauce (Canada Oil, Water, Sugar, Cheddar (Cheddar, Food Acid (200)), Dijon Mustard (Water, Mustard Seeds, Vinegar, Sugar, Food Acid (200)), Cheddar Cheese, Natural Flavour, Neomustard Egg Yolk, Vinegar, Salt, Thickeners (1442, 415), Balsamic Vinegar (Colour (1504)), Onion Puree, Spices, Salt, Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Potassium Sorbate, Natural Flavour), Bacon (Pork (95%)), Water, Salt, Curing Premix (Mineral Salt (451, 450)), Sugar, Antioxidant (316), Preservative (202), Smoke), Tomato, Lettuce, Onion, Cheese (Milk Cream, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (1600), Preservative (200), Spice, Starter Culture), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Potassium Sorbate, Natural Flavour, Polysorbate 80, Tumeric),	Y	Y	Y	Y	N	N	N	N	Y	N	536	5620	85.4	96.9	44.0	57.2	11.9	2070	536	68	171	138	183	18	13	90
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Sundae Burellies	Sundae Mix (Milk Solids, Sugar, Cream, Dextrose Emulsifier (471), Vegetable Gums (407, 412, 466), Water, Fucose, Calcium Lactate (327), Modified Starch, Strawberry Syrup, Malic Acid (296), Thickeners (501, 415, 401, 485), Flavour, Colour (139, 103), Sodium Metaphosphate (339), Cloveleaf Agent (Vitalis, 1450), Coconut Oil, 420, 1520, Citric Acid,	N	N	Y	N	N	N	N	N	N	N	1510	8.6	12.3	7.9	54.4	51.4	214	220	17	17	18	33	18	57	9	

Selected Stones only	Hot	Menu Item	Ingredients	GLUTEN	EGGS	MILK & MILK PRODUCTS	SOY	FISH CRUSTACEA	PEANUTS	TREE NUTS	LUPINS	SESAME	SULPHITES	Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbohydr ates (g)	Sugars (g)	Sodium (mg)	Servin g Size (g) (1)	Energy	Protein	FatTotal	FatSatur ed	Carbohydr ates	Sugars	Sodium
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Strawberry Burstlee	Water, Fructose, Calcium Lactate (327), Modified Starch, Strawberry Syrup, Malic Acid (296), Thickeners (807, 415, 416), Strawberry Flavour Colour (150), Sodium Metaphosphate (339), Preservative (202)	N	N	N	N	N	N	N	N	N	N	2160	13.2	18.5	12.1	74.8	71.6	316	310	25	26	26	50	24	80	14	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Orange Burstlee	Water, Fructose, Calcium Lactate (327), Modified Starch, Orange Syrup, Malic Acid, Thickeners (401, 415, 416), Orange Flavour Colour (152, 120, 100), Sodium Metaphosphate (339), Preservative (202)	N	N	N	N	N	N	N	N	N	N	272	0.0	0.5	0.0	16.0	13.0	20	80	3	0	1	0	5	14	1	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Lemon Burstlee	Water, Fructose, Calcium Lactate (327), Modified Starch, Lemon Syrup, Malic Acid (296), Thickeners (401, 415, 416, 486), Clouding Agent (Water, 1450, Coconut Oil, 420, 1520, Citric Acid), Colours (102, 129), Preservative (202)	N	N	N	N	N	N	N	N	N	N	272	0.0	0.5	0.0	16.0	13.0	20	80	3	0	1	0	5	14	1	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Nitro Coffee	Coffee Infused with Nitrogen	N	N	N	N	N	N	N	N	N	N	49	0.7	0.1	0.1	2.0	0.6	1	395	1	1	0	0	1	1	0	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Apple Mint Tea	Water, Sugar, Apple Juice Concentrate, Green Tea Extract, Food Acid (330), Natural Flavour, Preservative (202, 211)	N	N	N	N	N	N	N	N	N	N	298	2.0	0.4	0.4	16.1	16.1	14	383	3	4	1	2	5	18	1	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Aussie	Bun 0 Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Soy Flour, Emulsifiers (471, 481, 472a), Preservative (282), Vitamins (Thiamin, Folate)), Beef Fat, Cooked Egg, Beetroot (Beta-root (95%)), Water, Sugar, Acetic Acid, Salt, Herb & Spice Flavours, Tomato (90%), Water, Salt, Curing Premix (Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (202), Smoked), Tomato Ketchup (Concentrated Tomatoes, Sugar, Salt, Concentrated White Vinegar, Food Acid (Citric Acid), Natural Flavours (Contains Garlic), Spices), Cheese (Milk Cream, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (160)), Preservative (200), Spice, Starter Culture, Enzymes)	Y	Y	Y	Y	N	N	N	N	Y	N	369	2870	41.4	34.1	14.4	52.4	12.5	1120	380	33	83	49	60	17	14	49
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Aussie Double	Bun 0 Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Soy Flour, Emulsifiers (471, 481, 472a), Preservative (282), Vitamins (Thiamin, Folate)), Beef Fat, Cooked Egg, Beetroot (Beta-root (95%)), Water, Sugar, Acetic Acid, Salt, Herb & Spice Flavours, Tomato (90%), Water, Salt, Curing Premix (Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (202), Smoked), Tomato Ketchup (Concentrated Tomatoes, Sugar, Salt, Concentrated White Vinegar, Food Acid (Citric Acid), Natural Flavours (Contains Garlic), Spices), Cheese (Milk Cream, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (160)), Preservative (200), Spice, Starter Culture, Enzymes)	Y	Y	Y	Y	N	N	N	N	Y	N	400	4030	62.8	55.4	25.5	63.2	12.7	1350	400	48	126	79	106	17	14	59
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Aussie Triple	Bun 0 Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Soy Flour, Emulsifiers (471, 481, 472a), Preservative (282), Vitamins (Thiamin, Folate)), Beef Fat, Cooked Egg, Beetroot (Beta-root (95%)), Water, Sugar, Acetic Acid, Salt, Herb & Spice Flavours, Tomato (90%), Water, Salt, Curing Premix (Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (202), Smoked), Tomato Ketchup (Concentrated Tomatoes, Sugar, Salt, Concentrated White Vinegar, Food Acid (Citric Acid), Natural Flavours (Contains Garlic), Spices), Cheese (Milk Cream, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (160)), Preservative (200), Spice, Starter Culture, Enzymes)	Y	Y	Y	Y	N	N	N	N	Y	N	551	5190	84.3	76.6	36.6	63.9	13.0	1570	551	60	169	109	153	17	14	68
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Kinda Burger	Kinda Burger (Soy Textured Vegetable Protein, Soy Protein, Onion, Textured Vegetable Protein (Soy), Soy Protein Oil, Onion, Tomato Paste, Natural Flavour, Thickeners (481), Spice, Salt, Caramel Colour (150a)), Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472a), Preservative (282), Vitamins (Thiamin, Folate)), Mayonnaise (Soybean Oil, Egg Yolk, Water, Distilled Vinegar, Com Syrup, Salt, Sugar, Mustard Flour, Tocopherol), Tomato, Lettuce, Onion, Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Potassium Sorbate, Natural Flavours, Phosphoric Acid, Tamarind), Tomato Ketchup (Concentrated Tomatoes, Sugar, Salt, Concentrated White Vinegar, Food Acid (Citric Acid), Natural Flavours (Contains Garlic), Spices)	Y	Y	N	Y	N	N	N	N	Y	N	218	2560	23.5	38.4	4.2	42.7	7.5	1180	218	29	47	55	18	14	8	51
<input checked="" type="checkbox"/>	<input type="checkbox"/>	GRAVY	Gravy (Water, Beef Stock, Modified Starch (142)), Wheat Flour, Natural Flavours, Tomato Paste (Contains Citric Acid), Salt, Yeast Extract, Caramel Colour (150), Sunflower Oil, Sugar, Vegetable Gum (Xanthan Gum), Black Pepper)	Y	N	N	N	N	N	N	N	N	N	100	157	1.1	0.9	0.2	6.1	0.8	799	100	2	2	1	1	2	1	35
<input checked="" type="checkbox"/>	<input type="checkbox"/>	GRAVY & CHIPS	Gravy (Water, Beef Stock, Modified Starch (142)), Wheat Flour, Natural Flavours, Tomato Paste (Contains Citric Acid), Salt, Yeast Extract, Caramel Colour (150), Sunflower Oil, Sugar, Vegetable Gum (Xanthan Gum), Black Pepper), Seasoned Salt (Salt (74%), Malto-dextrin (Com), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil)	Y	N	N	N	N	N	N	N	N	N	158	1370	4.3	14.7	2.0	44.1	0.6	991	158	16	9	21	8	14	1	43
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Baconator Deluxe	Bacon (90%), Water, Salt, Curing Premix (Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (202), Smoked), Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472a), Preservative (282), Vitamins (Thiamin, Folate)), Beef Fat, Cooked Egg, Beetroot (Beta-root (95%)), Water, Sugar, Acetic Acid, Salt, Herb & Spice Flavours, Cheese (Milk Cream, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (160)), Preservative (200), Spice, Starter Culture, Enzymes	Y	Y	Y	Y	N	N	N	N	Y	N	263	2760	39.3	42	17	29.8	3.8	1870	263	32	79	60	71	10	4	73
<input type="checkbox"/>	<input type="checkbox"/>	Cheeseburger Made Interesting Smoky BBQ Bacon Cheese	Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472a), Preservative (282), Vitamins (Thiamin, Folate)), Beef Fat, Cooked Egg, Beetroot (Beta-root (95%)), Water, Sugar, Acetic Acid, Salt, Herb & Spice Flavours, Cheese (Milk Cream, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (160)), Preservative (200), Spice, Starter Culture, Enzymes	Y	Y	Y	Y	Y	N	N	N	Y	N	146	1820	18.5	25	8.5	32.7	6.4	831	146	21	30	36	35	11	7	36
<input type="checkbox"/>	<input type="checkbox"/>	Cheeseburger Made Interesting Rodio	Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472a), Preservative (282), Vitamins (Thiamin, Folate)), Beef Fat, Cooked Egg, Beetroot (Beta-root (95%)), Water, Sugar, Acetic Acid, Salt, Herb & Spice Flavours, Cheese (Milk Cream, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (160)), Preservative (200), Spice, Starter Culture, Enzymes	Y	Y	Y	Y	N	N	N	N	Y	N	138	1840	16.6	26.7	8.2	33.2	5.5	540	138	21	33	38	34	11	6	23
<input type="checkbox"/>	<input type="checkbox"/>	Cheeseburger Made Interesting Rodio	Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472a), Preservative (282), Vitamins (Thiamin, Folate)), Beef Fat, Cooked Egg, Beetroot (Beta-root (95%)), Water, Sugar, Acetic Acid, Salt, Herb & Spice Flavours, Cheese (Milk Cream, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (160)), Preservative (200), Spice, Starter Culture, Enzymes	Y	Y	Y	Y	N	N	N	N	Y	N	138	1840	16.6	26.7	8.2	33.2	5.5	540	138	21	33	38	34	11	6	23
<input type="checkbox"/>	<input type="checkbox"/>	Grilled Chicken Caesar Burger	Grilled Chicken Whole Muscle (Chicken (94%)), Salt, Thickeners (142, 427), Mineral Salt (451, 450), Flavour, Water, Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472a), Preservative (282), Vitamins (Thiamin, Folate)), Cheese (Milk Cream, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (160)), Preservative (200), Spice, Starter Culture, Enzymes	Y	Y	Y	Y	N	N	N	N	Y	N	194	1710	29.3	19.4	4.2	29.2	3.0	1030	194	20	59	28	18	9	3	45
<input type="checkbox"/>	<input type="checkbox"/>	Tenderloin Burger	Tenderloin (Chicken (95%)), Flour (Wheat, Soy), Water, Vegetable Oil, Salt, Vegetable Powder (Garlic, Onion, Thickeners (142), Mineral Salt (451, 450), Yeast, Vinegar, Herbs, Spice (Pepper), Emulsifiers (481, 471, 472a), Malto-dextrin), Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472a), Preservative (282), Vitamins (Thiamin, Folate)), Cheese (Milk Cream, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (160)), Preservative (200), Spice, Starter Culture, Enzymes	Y	Y	Y	Y	N	N	N	N	Y	N	222	2290	27.7	30.9	5.6	38.8	3.3	1480	222	26	55	44	23	13	4	63
<input type="checkbox"/>	<input type="checkbox"/>	Grilled Chicken Caesar Wrap	Grilled Chicken Whole Muscle (Chicken (94%)), Salt, Thickeners (142, 427), Mineral Salt (451, 450), Flavour, Water, Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472a), Preservative (282), Vitamins (Thiamin, Folate)), Cheese (Milk Cream, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (160)), Preservative (200), Spice, Starter Culture, Enzymes	Y	Y	Y	Y	N	N	N	N	Y	N	248	2040	35.0	25.5	8.7	28.1	3.1	1430	248	23	70	36	36	9	3	62
<input type="checkbox"/>	<input type="checkbox"/>	Tenderloin Caesar Wrap	Tenderloin (Chicken (95%)), Flour (Wheat, Soy), Water, Vegetable Oil, Salt, Vegetable Powder (Garlic, Onion, Thickeners (142), Mineral Salt (451, 450), Yeast, Vinegar, Herbs, Spice (Pepper), Emulsifiers (481, 471, 472a), Malto-dextrin), Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472a), Preservative (282), Vitamins (Thiamin, Folate)), Cheese (Milk Cream, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (160)), Preservative (200), Spice, Starter Culture, Enzymes	Y	Y	Y	Y	N	N	N	N	Y	N	256	2480	30.7	34.4	9.1	39.0	3.2	1690	256	29	61	49	38	13	4	73

Selected Stores only	Meal	Menu Item	Ingredients	GLUTEN	EGGS	MILK & MILK PRODUCTS	SOY	FISH & CRUSTACEA	PEANUTS	TREE NUTS	LUPINS	SESAME	SULPHITES	Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbohydrates (g)	Sugars (g)	Sodium (mg)	Serving Size (g) (1)	Energy	Protein	Fat Total	Fat Saturated	Carbohydrates	Sugars	Sodium		
<input type="checkbox"/>	<input checked="" type="checkbox"/>	WHOPPER® JNR	Bun: Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Soy Flour, Emulsifiers (481, 4726), Preservative (252), Vitamins (Thiamin, Folate) Beef Patty: 100% Australian Beef Lettuce, Tomato, Onion Pickles: Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavours, Polyorbate 80, Turmeric Mayonnaise: Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Com Syrup, Salt, Sugar, Mustard Flour, Tocopherol Tomato sauce: Concentrated Tomatoes (76%), Sugar, Salt, Concentrated White Vinegar, Citric Acid, Natural Flavours (Contain Garlic), Spices Sesame Bun: Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Soy Flour, Emulsifiers (481, 4726), Preservative (282), Vitamins (Thiamin, Folate)	Y	Y	N	Y	N	N	N	N	Y	N	147	1550	14.9	19.9	5.4	32.9	4.6	372	147	18	30	28	23	11	5	16		
<input type="checkbox"/>	<input checked="" type="checkbox"/>	WHOPPER® JNR CHEESE	Beef Patty: 100% Australian Beef Lettuce, Tomato, Onion Cheese: Milk, Cream of Butter, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (1600), Preservative (250), Spices, Starter Culture, Enzymes Pickles: Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavours, Polyorbate 80, Turmeric Mayonnaise: Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Com Syrup, Salt, Sugar, Mustard Flour, Tocopherol Tomato sauce: Concentrated Tomatoes (76%), Sugar, Salt, Concentrated White Vinegar, Citric Acid, Natural Flavours, Spices	Y	Y	Y	Y	N	N	N	N	Y	N	159	1650	16.6	23.0	7.7	30.6	4.5	624	169	19	33	33	32	10	5	27		
<input type="checkbox"/>	<input type="checkbox"/>	ULTIMATE DOUBLE WHOPPER®	Beef Patty: 100% Australian Ground Beef Cheese: Milk, Cream, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (1600), Preservative (200), Spices, Starter Culture, Enzymes Egg Bacon: Polyorbate 80, Water, Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Sodium Nitrite, Natural Wood Smoke Lettuce, Tomato, Onion Pickles: Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavours, Polyorbate 80, Turmeric Mayonnaise: Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Com Syrup, Salt, Sugar, Mustard Flour, Tocopherol Tomato sauce: Concentrated Tomatoes (76%), Sugar, Salt, Concentrated White Vinegar, Citric Acid, Natural Flavours, Spices	Y	Y	Y	Y	N	N	N	N	Y	1	447	4710	62.9	74.9	31.3	50.6	9.2	2080	447	54	126	107	130	16	10	90		
<input type="checkbox"/>	<input checked="" type="checkbox"/>	ANGRY WHOPPER®	Bun: Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Soy Flour, Emulsifiers (481, 4726), Preservative (282), Vitamins (Thiamin, Folate) Beef Patty: 100% Australian Beef Lettuce, Tomato Jalapeno Chicos (59%), Corn Starch, Vegetable Oil (Canola, Palm, Soybean, Sunflower), Wheat Flour, Rice Flour, Salt, Tapioca Dextrin, Natural Flavours, Maltodextrin, Dried Yeast, Thickeners (Gum Arabic, Xanthan Gum) Jalapeno Peppers: Jalapeno Peppers, Water, Vinegar, Salt, Calcium Chloride (509), Preservative (211), Colour enhancer (101) Mayonnaise: Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Com Syrup, Salt, Sugar, Mustard Flour, Tocopherol Tomato sauce: Concentrated Tomatoes (76%), Sugar, Salt, Concentrated White Vinegar, Citric Acid, Natural Flavours, Spices	Y	Y	Y	Y	N	N	N	N	Y	N	320	3400	33.9	53.2	17.0	59.7	11.3	1480	320	39	68	76	71	19	13	64		
<input type="checkbox"/>	<input type="checkbox"/>	Beef Burger Range																													
<input type="checkbox"/>	<input type="checkbox"/>	Grill Masters Range																													
<input type="checkbox"/>	<input type="checkbox"/>	Angus Splyk Chipotle	Beef Brioche Bun (Wheat Flour, Water, Baker's Yeast, Sugar, Canola Oil, Wheat Gluten, Iodised Salt, Non-Fat Milk Solids, Shortening Powder (Vegetable Fat, Milk Protein, Antioxidant (3075 From Soy)), Preservatives (282, 202), Emulsifiers (4726, 481), Soy Flour, Dextrose, Colour (150a), Wheat Malt Flour, Anti-Caking Agent (441), Vitamins (Thiamin, Folate, Acid) Bacon (Pork (92%)), Water, Salt, Curing Premix (Mineral Salt (451, 450), Sugar, Antioxidant (316)), Preservative (252), Smoke Jalapeno Pickle (Jalapenos (54%), Water, Flour (Wheat, Maize), Thickeners (454, 1422), Wheat Starch, Citric Acid, Vinegar, Salt, Tapioca Dextrin, Natural Flavours, Maltodextrin, Dried Yeast, Thickeners (Gum Arabic, Xanthan Gum), Yeast Extract, Mineral Salt (450, 509), Natural Chicken Flavour, Dextrose, Vinegar, Acidity Regulator (309), Preservative (211), Natural Colours (150, 151, 955)) Sauce Chipotle (Vegetable Oil (Antioxidant (307)), Water, Sugar, Vinegar, Egg Yolk, Tomato Paste, Lemon Juice Concentrate, Salt, Thickeners (1422, 415), Vegetable Powders, Spices, Smoke Flavour Concentrate (Bacon's Yeast Extract, Chipotle, Chiles (0.3%), Preservative (202), Antioxidant (309)), Egmort Cheese (Pasteurised Cow's Milk, Salt, Enzymes, Coagulating Enzyme)	Y	Y	Y	Y	N	N	N	N	N	N	N	310	3770	47.1	57.7	19.5	51.1	8.1	2080	310	43	94	82	81	16	9	90	
<input type="checkbox"/>	<input type="checkbox"/>	Angus Bacon & Cheese	Beef Brioche Bun (Wheat Flour, Water, Baker's Yeast, Sugar, Canola Oil, Wheat Gluten, Iodised Salt, Non-Fat Milk Solids, Shortening Powder (Vegetable Fat, Milk Protein, Antioxidant (3075 From Soy)), Preservatives (282, 202), Emulsifiers (4726, 481), Soy Flour, Dextrose, Colour (150a), Wheat Malt Flour, Anti-Caking Agent (441), Vitamins (Thiamin, Folate, Acid) Egmort Cheese (Pasteurised Cow's Milk, Salt, Enzymes, Coagulating Enzyme) Bacon (Pork (92%)), Water, Salt, Curing Premix (Mineral Salt (451, 450), Sugar, Antioxidant (316)), Preservative (252), Smoke Pickles: Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavours, Polyorbate 80, Turmeric, Smoky Sauce (Water, Sugar, Tomato Paste, Vinegar, Apple Puree (Acidity Regulator (330)), Antioxidant (202), Thickeners (1422, 415), Salt, Colour (150a), Worcestershire Sauce, Molasses, Vegetable Powders, Flavour, Preservative (202), Spice Mustard (Water, Mustard Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice)	Y	N	Y	Y	N	N	N	N	N	N	N	306	3590	53.0	50.7	22.6	49.8	9.5	1440	306	41	106	72	94	16	11	63	
<input type="checkbox"/>	<input type="checkbox"/>	Double Angus Bacon & Cheese	Beef Brioche Bun (Wheat Flour, Water, Baker's Yeast, Sugar, Canola Oil, Wheat Gluten, Iodised Salt, Non-Fat Milk Solids, Shortening Powder (Vegetable Fat, Milk Protein, Antioxidant (3075 From Soy)), Preservatives (282, 202), Emulsifiers (4726, 481), Soy Flour, Dextrose, Colour (150a), Wheat Malt Flour, Anti-Caking Agent (441), Vitamins (Thiamin, Folate, Acid) Egmort Cheese (Pasteurised Cow's Milk, Salt, Enzymes, Coagulating Enzyme) Bacon (Pork (92%)), Water, Salt, Curing Premix (Mineral Salt (451, 450), Sugar, Antioxidant (316)), Preservative (252), Smoke Pickles: Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavours, Polyorbate 80, Turmeric, Smoky Sauce (Water, Sugar, Tomato Paste, Vinegar, Apple Puree (Acidity Regulator (330)), Antioxidant (202), Thickeners (1422, 415), Salt, Colour (150a), Worcestershire Sauce, Molasses, Vegetable Powders, Flavour, Preservative (202), Spice Mustard (Water, Mustard Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice)	Y	N	Y	Y	N	N	N	N	N	N	N	416	5040	80.9	77.1	34.4	49.8	9.5	1530	416	58	162	110	143	16	11	67	
<input type="checkbox"/>	<input type="checkbox"/>	Double Angus Cheeseburger	Angus Beef Brioche Bun (Wheat Flour (Thiamin, Folic Acid), Water, Egg, Butter, Sugar, Yeast, Bun Glaze (Pea Protein, Sugar, Repeated Oil, Antifoaming Agent), Canola Oil (Canola Oil, Hydrogenated Vegetable Oil, Antioxidant (208), Antifoam Agent (900a)), Gluten, Iodised Salt, Soy Flour, Ascorbic Acid, Enzymes, Milk Powder 1) Egmort Cheese (Pasteurised Cow's Milk, Salt, Enzymes, Coagulating Enzyme) DL Cucumber (Cucumber (73.5%), Vinegar (20.9%), Water, Salt, Basil, Oregon, Sugar, Firming Agent 509) Tomato Ketchup (Concentrated Tomatoes (Contains 20% Of Tomatoes Per 100ml), Sugar, Salt, Concentrated White Vinegar, Food Acid (Citric Acid), Natural Flavours (Contain Garlic), Spices contains 76% Concentrated Tomatoes) Mustard (Water, Mustard Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice)	Y	Y	Y	Y	N	N	N	N	N	N	N	293																
<input type="checkbox"/>	<input type="checkbox"/>	Double Angus Cheeseburger	Angus Beef Brioche Bun (Wheat Flour (Thiamin, Folic Acid), Water, Egg, Butter, Sugar, Yeast, Bun Glaze (Pea Protein, Sugar, Repeated Oil, Antifoaming Agent), Canola Oil (Canola Oil, Hydrogenated Vegetable Oil, Antioxidant (208), Antifoam Agent (900a)), Gluten, Iodised Salt, Soy Flour, Ascorbic Acid, Enzymes, Milk Powder 1) Egmort Cheese (Pasteurised Cow's Milk, Salt, Enzymes, Coagulating Enzyme) DL Cucumber (Cucumber (73.5%), Vinegar (20.9%), Water, Salt, Basil, Oregon, Sugar, Firming Agent 509) Tomato sauce: Concentrated Tomatoes (76%), Sugar, Salt, Concentrated White Vinegar, Citric Acid, Natural Flavours (Contain Garlic), Spices Mustard (Water, Mustard Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice)	Y	Y	Y	Y	N	N	N	N	N	N	N	403																
<input type="checkbox"/>	<input type="checkbox"/>	Angus Smokay BBQ	Angus Beef Brioche Bun (Wheat Flour, Water, Baker's Yeast, Sugar, Canola Oil, Wheat Gluten, Iodised Salt, Non-Fat Milk Solids, Shortening Powder (Vegetable Fat, Milk Protein, Antioxidant (3075 From Soy)), Preservatives (282, 202), Emulsifiers (4726, 481), Soy Flour, Dextrose, Colour (150a), Wheat Malt Flour, Anti-Caking Agent (441), Vitamins (Thiamin, Folate, Acid) Angry Chicos (Chicos (59%), Corn Starch, Vegetable Oil (Canola, Palm, Soybean, Sunflower), Wheat Flour, Rice Flour, Salt, Tapioca Dextrin, Natural Flavours, Maltodextrin, Dried Yeast, Thickeners (Gum Arabic, Xanthan Gum) Egmort Cheese (Pasteurised Cow's Milk, Salt, Enzymes, Coagulating Enzyme) Bacon (Pork (92%)), Water, Salt, Curing Premix (Mineral Salt (451, 450), Sugar, Antioxidant (316)), Preservative (252), Smoke Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Com Syrup, Salt, Sugar, Mustard Flour, Tocopherol) Smoky Sauce (Water, Sugar, Tomato Paste, Vinegar, Apple Puree (Acidity Regulator (330)), Antioxidant (202), Thickeners (1422, 415), Salt, Colour (150a), Worcestershire Sauce (Contains Barley, Wheat, Fats), Molasses, Vegetable Powders, Flavour, Preservative (202), Spice)	Y	Y	Y	Y	N	N	N	N	N	N	N	325	4010	52.4	65.3	24.4	53.7	10.2	1590	325	46	105	93	102	17	11	69	

Selected	Hot	Menu Item	Ingredients	GLUTEN	EGGS	MILK & MILK PRODUCTS	SOY	FISH & CRUSTACEA	PEANUTS	TREE NUTS	LUPINS	SESAME	SULPHITES	Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbohydrates (g)	Sugars (g)	Sodium (mg)	Serving Size (g) (1)	Energy	Protein	Fat Total	Fat Saturated	Carbohydrates	Sugars	Sodium	
<input type="checkbox"/>	<input type="checkbox"/>	Double Angus Steakhouse BBQ	Angus Beef Brioche Bun (Wheat Flour, Water, Bakers Yeast, Sugar, Canola Oil, Wheat Gluten, Iodized Salt, Non-Fat Milk Solids, Shortening Powder (Vegetable Fat, Milk Protein, Antioxidant (B7E From Soy)), Preservatives (282, 302), Emulsifiers (472, 481, 481), Soy Flour, Dextrose, Colour (160a), Wheat Malt Flour, Anti-Caking Agent (34), Vitamins (Thiamin, Folic Acid) Angry Choons (Onions (5%), Corn Starch, Vegetable Oil (Canola, Palm, Soybean, Sunflower), Wheat Flour, Rice Flour, Salt, Tapioca Dextrin, Natural Flavour, Maltodextrin, Dried Yeast, Thickeners (Gum Arabic, Xanthan Gum)) Egmont Cheese (Pasteurized Cow Milk, Salt, Enzymes, Coagulating Enzymes) Bacon (Pork (90%), Water, Salt, Curing Premix (Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (202), Smoke), Mayonaisse (Soybean Oil, Egg Yolk, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustardflour, Tricourent) Smockey Sauce (Water, Sugar, Tomato Paste, Vinegar, Apple Puree (Acidly Regulator (330), Antioxidant (200), Thickeners (1422, 415), Salt, Colour (150a), Worcestershire Sauce (Contains Barley, Wheat, Fish), Mousse, Vegetable Powders, Flavour, Preservative (202), Spice Coke Coke Coke	Y	Y	Y	Y	Y		N	N	N	N	N	444	5610	82.4	94.7	38.0	53.8	10.3	1740	444	64	165	135	158	17	11	76
<input type="checkbox"/>	<input type="checkbox"/>	Angus Flaky	Angus Beef Brioche Bun (Wheat Flour, Water, Bakers Yeast, Sugar, Canola Oil, Wheat Gluten, Iodized Salt, Non-Fat Milk Solids, Shortening Powder (Vegetable Fat, Milk Protein, Antioxidant (B7E From Soy)), Preservatives (282, 302), Emulsifiers (472, 481, 481), Soy Flour, Dextrose, Colour (160a), Wheat Malt Flour, Anti-Caking Agent (34), Vitamins (Thiamin, Folic Acid) Angry Choons (Onions (5%), Corn Starch, Vegetable Oil (Canola, Palm, Soybean, Sunflower), Wheat Flour, Rice Flour, Salt, Tapioca Dextrin, Natural Flavour, Maltodextrin, Dried Yeast, Thickeners (Gum Arabic, Xanthan Gum)) Egmont Cheese (Pasteurized Cow Milk, Salt, Enzymes, Coagulating Enzymes) Bacon (Pork (90%), Water, Salt, Curing Premix (Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (202), Smoke), Mayonaisse (Soybean Oil, Egg Yolk, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustardflour, Tricourent) Smockey Sauce (Water, Sugar, Tomato Paste, Vinegar, Apple Puree (Acidly Regulator (330), Antioxidant (200), Thickeners (1422, 415), Salt, Colour (150a), Worcestershire Sauce (Contains Barley, Wheat, Fish), Mousse, Vegetable Powders, Flavour, Preservative (202), Spice Coke Coke Coke	Y	Y	Y	Y	Y		N	N	N	N	N	414	3910	48.8	61.2	20.5	59.7	14.8	2160	414	45	98	87	85	19	16	94
<input type="checkbox"/>	<input type="checkbox"/>	Chicken Range																												
<input type="checkbox"/>	<input type="checkbox"/>	Breakfast Range																												
<input type="checkbox"/>	<input type="checkbox"/>	BBQ Brisket Slabber	Cooked Egg Hardboiled Potatoes, Vegetable Oil (May Contain One Or More Of The Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil, Hydrogenated Soybean Oil Or Cottonseed Oil), Salt, Dextrose (Dihydrate) (Fragrance, Deodorant) Rub (Wheat Flour, Water, Bakers Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodized Salt, Vinegar, Soy Flour, Raising Agent (241), Acidly Regulators (202, 302), Emulsifiers (481, 472), Preservative (202), Spice, Vitamins (Thiamin, Folic Acid) Angry Choons (Onions (5%), Corn Starch, Vegetable Oil (Canola, Palm, Soybean, Sunflower), Wheat Flour, Rice Flour, Salt, Tapioca Dextrin, Natural Flavour, Maltodextrin, Dried Yeast, Thickeners (Gum Arabic, Xanthan Gum)) Egmont Cheese (Pasteurized Cow Milk, Salt, Enzymes, Coagulating Enzymes) Bacon (Pork (90%), Water, Salt, Curing Premix (Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (202), Smoke), Mayonaisse (Soybean Oil, Egg Yolk, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tricourent) Smockey Sauce (Water, Sugar, Tomato Paste, Vinegar, Apple Puree (Acidly Regulator (330), Antioxidant (200), Thickeners (1422, 415), Salt, Colour (150a), Worcestershire Sauce (Contains Barley, Wheat, Fish), Mousse, Vegetable Powders, Flavour, Preservative (202), Spice Coke Coke Coke	Y	Y	Y	Y	Y		N	N	N	N	N	237	2220	22.9	26.9	7.0	48.2	7.8	1260	237	26	46	38	29	16	9	55
<input type="checkbox"/>	<input type="checkbox"/>	Avocado BLT Wrap	Cooked Egg White (Wheat Flour) (50%), Thiamine, Folic Acid, Water, Vegetable Shortening (Antioxidant (202)), Sugar, Baking Powder (Mineral Salts (450, 500, 341)), Food Acid (297), Iodized Salt, Mineral Salt (500), Preservative (202), Potatoes (100% Hasm Avocado), Tomato, Lettuce, Mayonaisse (Soybean Oil, Egg Yolk, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tricourent) Lemon Garlic Dressing (Canola Oil, Reconstituted Lemon Juice (39%), Preservative (223), Extra Virgin Olive Oil (Cane Oil (5%)), Sugar, Salt, Lemon Juice (1.5%), Acidly Regulator (303), Thickeners (142, 415) Spices, Preservatives (202, 211), Colour (160a)) Coke Coke Coke	Y	Y		Y								2540	19.9	44.5	10.2	33.1	4.1	1150	274	29	40	64	43	11	5	50	
<input type="checkbox"/>	<input checked="" type="checkbox"/>	Vegan Muffin	Muffin (Wheat Flour, Water, Bakers Yeast, Maize Polenta, Wheat Gluten, Vinegar, Canola Oil, Iodized Salt, Dried Fruit, Soy Flour, Raising Agent (241), Acidly Regulators (202, 302), Emulsifiers (481, 472), Preservative (202), Spice, Vitamins (Thiamin, Folic Acid) Veggie Patty (Vegetables (95%), Carrots, Peas, Corn, Potato, Capsicum), Seasoning (Rice Flour, Dehydrated Vegetables, Wheat Flour, Soy Protein, Salt, Thickeners (415, 464), Hydrolyzed Vegetable Protein (Maze), Yeast Extract, Flavour Enhancer (333), Herb & Spice Extracts, Colour (150)), Water, Canola Oil) Vegan Cheese (Water, Modified Starches (E1404, E1420, E1422, E1440, E1402), Coconut Oil, Salt, Natural Flavour, Acidly Regulators (E330 (ii), E320), Preservatives (E200), Colours (E102, E104, E105), Vegan Mayonaisse (Water, Canola Oil, Cedar Vinegar, Thickeners (1422, 1402, 412, 415), Golden Syrup, Salt, Vegetable Protein, Sugar, Mustard Flour, Acidly Regulator (200), Preservatives (202, 211)) Lemon Garlic Dressing (Canola Oil, Reconstituted Lemon Juice (39%), Preservative (223), Extra Virgin Olive Oil (Cane Oil (5%)), Sugar, Salt, Lemon Juice (1.5%), Acidly Regulator (303), Thickeners (142, 415) Spices, Preservatives (202, 211), Colour (160a)) Coke Coke Coke	Y	N	N	Y	N		N	N	N	N	195	1640	10.2	15	4.8	32.5	5.9	958	188	19	20	21	19	17	7	42	
<input type="checkbox"/>	<input checked="" type="checkbox"/>	Vegan Muffin Avocado	Muffin (Wheat Flour, Water, Bakers Yeast, Maize Polenta, Wheat Gluten, Vinegar, Canola Oil, Iodized Salt, Dried Fruit, Soy Flour, Raising Agent (241), Acidly Regulators (202, 302), Emulsifiers (481, 472), Preservative (202), Spice, Vitamins (Thiamin, Folic Acid) Veggie Patty (Vegetables (95%), Carrots, Peas, Corn, Potato, Capsicum), Seasoning (Rice Flour, Dehydrated Vegetables, Wheat Flour, Soy Protein, Salt, Thickeners (415, 464), Hydrolyzed Vegetable Protein (Maze), Yeast Extract, Flavour Enhancer (333), Herb & Spice Extracts, Colour (150)), Water, Canola Oil) Avocado (100% Hasm Avocado) Vegan Cheese (Water, Modified Starches (E1404, E1420, E1422, E1440, E1402), Coconut Oil, Salt, Natural Flavour, Acidly Regulators (E330 (ii), E320), Preservatives (E200), Colours (E102, E104, E105), Vegan Mayonaisse (Water, Canola Oil, Cedar Vinegar, Thickeners (1422, 1402, 412, 415), Golden Syrup, Salt, Vegetable Protein, Sugar, Mustard Flour, Acidly Regulator (200), Preservatives (202, 211)) Lemon Garlic Dressing (Canola Oil, Reconstituted Lemon Juice (39%), Preservative (223), Extra Virgin Olive Oil (Cane Oil (5%)), Sugar, Salt, Lemon Juice (1.5%), Acidly Regulator (303), Thickeners (142, 415) Spices, Preservatives (202, 211), Colour (160a)) Coke Coke Coke	Y	N	N	Y	N		N	N	N	N	230	2050	10.9	25.8	6.7	54.7	4.9	943	230	24	22	37	28	18	5	41	
<input type="checkbox"/>	<input type="checkbox"/>	Double Bacon, Cheese Egg Muffin	Cooked Egg Muffin (Wheat Flour, Water, Bakers Yeast, Maize Polenta, Wheat Gluten, Vinegar, Canola Oil, Iodized Salt, Dried Fruit, Soy Flour, Raising Agent (241), Acidly Regulators (202, 302), Emulsifiers (481, 472), Preservative (202), Spice, Vitamins (Thiamin, Folic Acid) Bacon (Pork (90%), Water, Salt, Curing Premix (Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (202), Smoke), Cheese (Cheese (Smearings/Graters), Milk, Cream, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (203), Colour (160a), Preservative (200), Spice, Starter Culture, Enzymes (5% Milk Solids), Smoky Sauce (Water, Sugar, Tomato Paste, Vinegar, Apple Puree (Acidly Regulator (330), Antioxidant (200), Thickeners (1422, 415), Salt, Colour (150a), Worcestershire Sauce (Contains Barley, Wheat, Fish), Mousse, Vegetable Powders, Flavour, Preservative (202), Spice) Coke Coke Coke	Y	Y	Y	Y	Y		N	N	N	N	N	256	2020	31.9	24.1	10.2	32.3	5.9	1340	260	23	64	34	43	10	7	58
<input type="checkbox"/>	<input type="checkbox"/>	Double Sesame, Cheese Egg Muffin	Cooked Egg Sausage Patty (Meat 97% (Pork, Beef), Soy Protein, Salt, Spices, Herbs, Dextrose (Wheat), Sugar, Dehydrated Vegetables, Vegetable Oil, Egg, Hydrolyzed Vegetable Protein (Soy)) Muffin (Wheat Flour, Water, Bakers Yeast, Maize Polenta, Wheat Gluten, Vinegar, Canola Oil, Iodized Salt, Dried Fruit, Soy Flour, Raising Agent (241), Acidly Regulators (202, 302), Emulsifiers (481, 472), Preservative (202), Spice, Vitamins (Thiamin, Folic Acid) Cheese (Cheese (Smearings/Graters), Milk, Cream, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (203), Colour (160a), Preservative (200), Spice, Starter Culture, Enzymes (5% Milk Solids), Smoky Sauce (Water, Sugar, Tomato Paste, Vinegar, Apple Puree (Acidly Regulator (330), Antioxidant (200), Thickeners (1422, 415), Salt, Colour (150a), Worcestershire Sauce (Contains Barley, Wheat, Fish), Mousse, Vegetable Powders, Flavour, Preservative (202), Spice) Coke Coke Coke	Y	Y	Y	Y	N		N	N	N	N	N	304	2760	44.1	40.1	16.6	29.6	3.5	1380	304	32	88	57	69	10	4	56
<input type="checkbox"/>	<input type="checkbox"/>	BACON & EGG MUFFIN	Oil: Canola Oil, Water, Salt, Emulsifiers (471, 322) (Soy)), Preservative (202), Citric Acid, Flavour, Colour (160a) Cheese, Milk, Cream or Butter, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (160a), Preservative (200), Spice, Starter Culture, Enzymes Egg Carolee Spread (Vegetable Oil (Including Canola Oil 41%), Water, Salt, Emulsifiers (471, Soy Lecithin), Preservative (202), Citric Acid, Vitamins A & D, Natural Colour (Beta-Carotene), Natural Flavour) Coke Coke Coke	Y	Y	Y	Y	N		N	N	N	N	158	1310	18.9	12.8	5.2	28.5	2.8	775	168	15	38	18	22	9	3	34	
<input type="checkbox"/>	<input type="checkbox"/>	SAUSAGE & EGG MUFFIN	Sausage Patty (Meat 97% (Pork, Beef), Soy Protein, Salt, Spices, Herbs, Dextrose, Sugar, Dehydrated Vegetables, Vegetable Oil, Flavour Enhancer (333), Hydrolyzed Vegetable Protein (Soy)) Oil: Canola Oil, Water, Salt, Emulsifiers (471, 322) (Soy)), Preservative (202), Citric Acid, Flavour, Colour (160a) Cheese, Milk, Cream or Butter, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (160a), Preservative (200), Spice, Starter Culture, Enzymes Egg Carolee Spread (Vegetable Oil (Including Canola Oil 41%), Water, Salt, Emulsifiers (471, Soy Lecithin), Preservative (202), Citric Acid, Vitamins A & D, Natural Colour (Beta-Carotene), Natural Flavour) Coke Coke Coke	Y	Y	Y	Y	N		N	N	N	N	180	1660	24.5	20.1	8.0	28.3	2.6	734	180	19	49	29	33	9	3	32	
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	BEEF & EGG MUFFIN	Oil: Canola Oil, Water, Salt, Emulsifiers (471, 322) (Soy)), Preservative (202), Citric Acid, Flavour, Colour (160a) Cheese, Milk, Cream or Butter, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (160a), Preservative (200), Spice, Starter Culture, Enzymes Egg Carolee Spread (Vegetable Oil (Including Canola Oil 41%), Water, Salt, Emulsifiers (471, Soy Lecithin), Preservative (202), Citric Acid, Vitamins A & D, Natural Colour (Beta-Carotene), Natural Flavour) Coke Coke Coke	Y	Y	Y	Y	N		N	N	N	N	172	1590	24.1	18.5	8.2	28.4	2.6	842	172	18	48	26	34	9	3	24	

Selected Stores only	Hotel	Menu Item	Ingredients	GLUTEN	EGGS	MILK & MILK PRODUCTS	SOY	FISH & CRUSTACEA	PEANUTS	TREE NUTS	LUPINS	SESAME	SULPHITES	Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbohydrates (g)	Sugars (g)	Sodium (mg)	Serving Size (g) (1)	Energy	Protein	Fat Total	Fat Saturated	Carbohydrates	Sugars	Sodium	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	CHAI Lattes		N	N	Y	Y	N	N	N	N	N	L	1820	13.8	14.6	9.3	61.3	51.4	281	L	21.0	28.0	21.0	39.0	20.0	57.0	12	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>												S	1460	11.3	15.1	10.9	41.5	33.3	228	S	17.0	23.0	22.0	45.0	13.0	37.0	10	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>												M	2040	15.2	20.7	15.1	59.8	47.5	316	M	23.0	30.0	30.0	63.0	19.0	53.0	14	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>												L	2620	19.0	26.2	19.3	77.9	61.5	404	L	30.0	38.0	37.0	80.0	25.0	68.0	18	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	ICED CHOCOLATE		N	N	Y	N	N	N	N	N	N	S	964	6.4	11.0	7.1	26.0	25.4	245	S	11.0	13.0	16.0	30.0	8.0	28.0	11	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>												M	1440	9.3	13.4	8.6	45.4	44.2	425	M	17.0	19.0	19.0	36.0	15.0	49.0	18	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>												L	1680	12.3	16.6	10.7	49.7	48.5	469	L	19.0	25.0	24.0	45.0	16.0	54.0	20	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	ICED COFFEE		N	N	Y	N	N	N	N	N	N	S	576	5.0	9.9	6.4	7.3	7.2	82	S	7.0	10.0	14.0	27.0	2.0	8.0	4	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>												M	757	7.3	12.3	8.0	10.5	10.4	115	M	9.0	15.0	18.0	33.0	3.0	12.0	5	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>												L	984	10.1	15.3	9.9	14.5	14.4	155	L	11.0	20.0	22.0	41.0	5.0	16.0	7	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>												S	875	5.4	9.7	6.3	24.5	23.8	241	S	10.0	11.0	14.0	26.0	8.0	26.0	10	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>												M	1330	8.0	11.9	7.7	43.5	42.2	417	M	15.0	16.0	17.0	32.0	14.0	47.0	18	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>												L	1550	10.8	14.8	9.6	47.5	46.2	458	L	18.0	22.0	21.0	40.0	15.0	51.0	20	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>												S	96	0.0	0.0	0.0	5.5	5.5	0	S	1.0	0.0	0.0	0.0	2.0	6.0	0	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>												M	192	0.0	0.0	0.0	11.1	11.0	0	S	2.0	0.0	0.0	0.0	4.0	12.0	0	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>												L	288	0.0	0.0	0.0	16.6	16.4	0	M	3.0	0.0	0.0	0.0	5.0	18.0	0	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>												L	384	0.0	0.0	0.0	22.1	21.9	0	L	4.0	0.0	0.0	0.0	7.0	24.0	0	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>												S	97	0.0	0.0	0.0	5.7	5.6	0	S	1.0	0.0	0.0	0.0	2.0	6.0	0	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>												M	194	0.0	0.0	0.0	11.3	11.1	0	S	2.0	0.0	0.0	0.0	4.0	12.0	0	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>												L	290	0.0	0.0	0.0	17.0	16.7	0	M	3.0	0.0	0.0	0.0	5.0	19.0	0	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>												L	387	0.0	0.0	0.0	22.6	22.2	0	L	4.0	0.0	0.0	0.0	7.0	25.0	0	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>												S	101	0.0	0.0	0.0	5.8	5.8	0	S	1.0	0.0	0.0	0.0	2.0	6.0	0	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>												M	202	0.0	0.0	0.0	11.6	11.6	0	S	2.0	0.0	0.0	0.0	4.0	13.0	0	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>												L	302	0.0	0.0	0.0	17.4	17.4	0	M	3.0	0.0	0.0	0.0	6.0	19.0	0	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>												L	403	0.0	0.0	0.0	23.2	23.2	0	L	5.0	0.0	0.0	0.0	7.0	26.0	0	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Jack's Cafe Baked Goods																											
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Jam Bell Donut		Y	Y	Y	N	N	N	N	N	N	80	1050	3.8	9.6	5.6	36.0	12.8	736	80	12	8	14	23	12	14	32	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	CHOC BROWNIE		Y	Y	Y	Y	N	N	N	N	N	63	1110	4.2	12.2	7.8	34.2	24.6	23	63	13	8	17	33	11	27	1	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	BANANA BREAD		Y	Y	N	N	N	N	N	N	N	135	2150	9.2	19.4	2.6	73.3	37.5	644	135	25	18	28	11	24	42	28	